

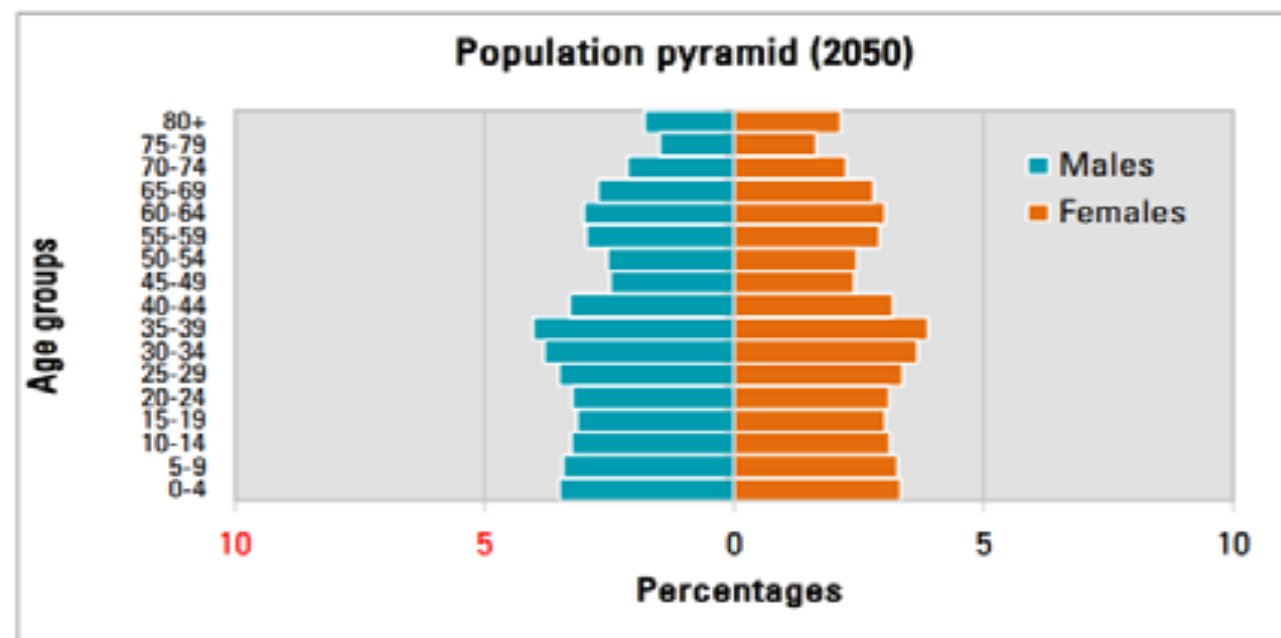
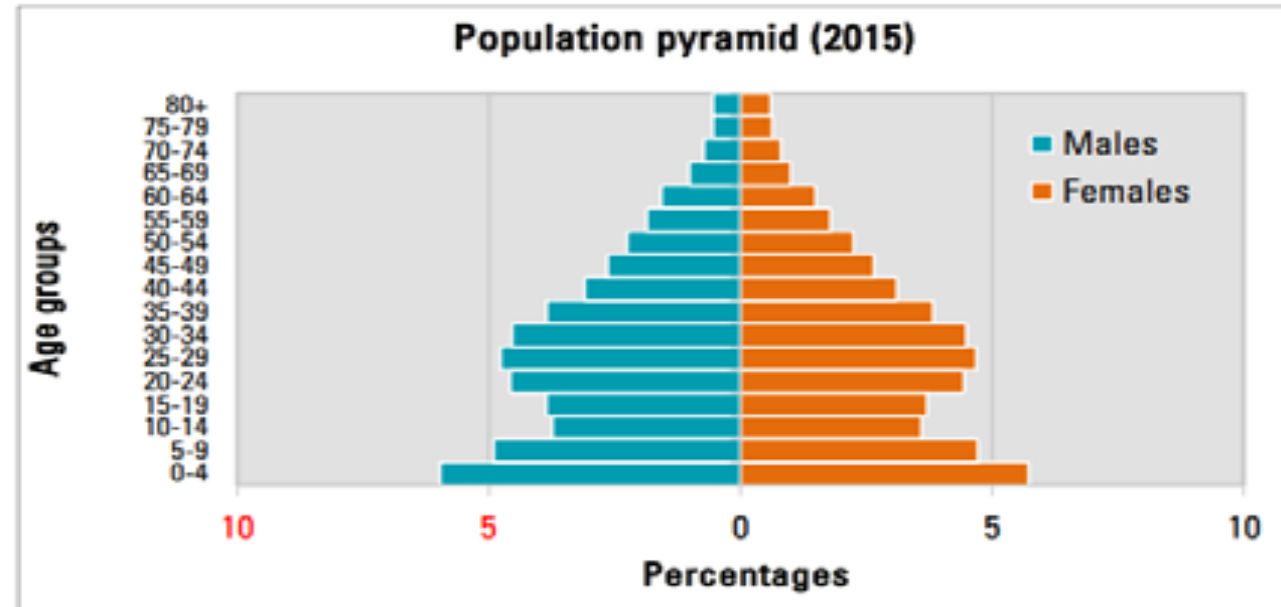
Insuffisance cardiaque terminale quelle alternative?

Mohammed CHETTIBI

MD, Phd, FESC

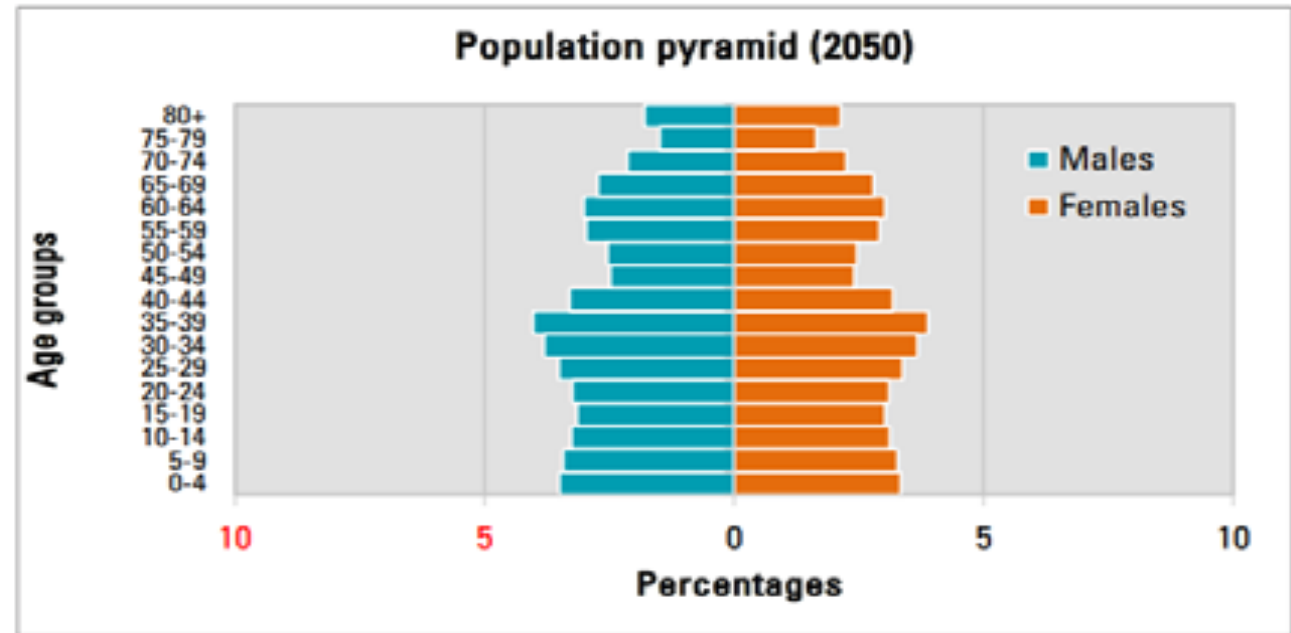
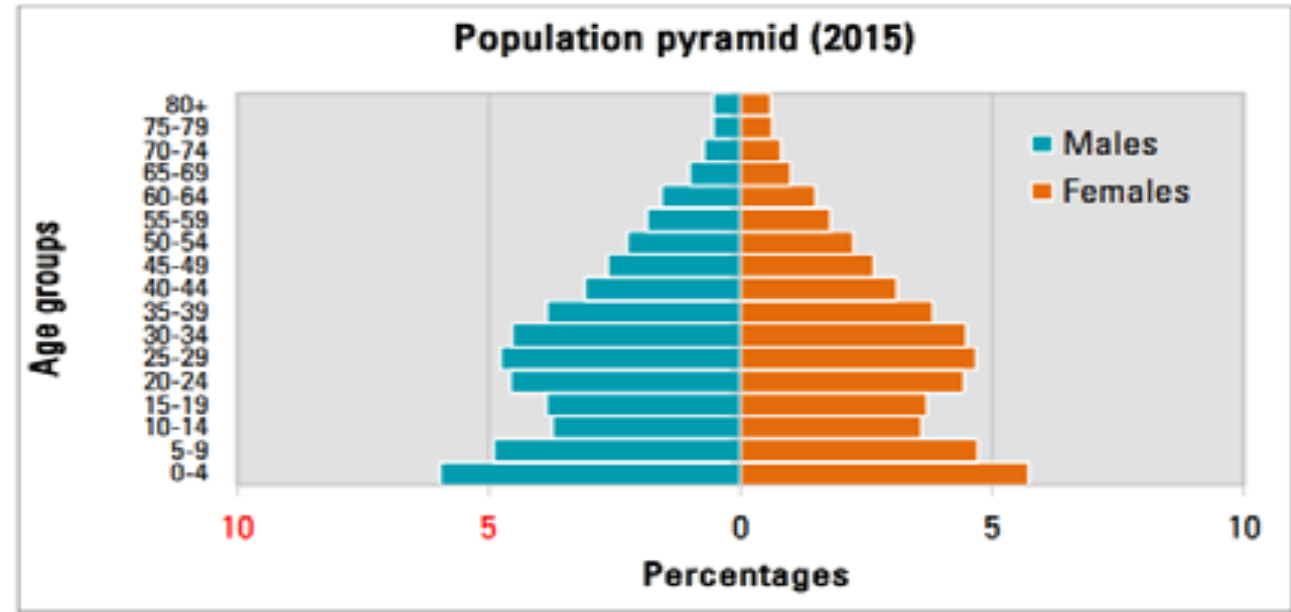
Directeur du laboratoire de recherche Cardiomyopathie et Insuffisance
Cardiaque

- La population algérienne a connu une croissance notable au cours des dernières décennies, passant de 44,6 millions en 2021 à 46,7 millions en 2024.



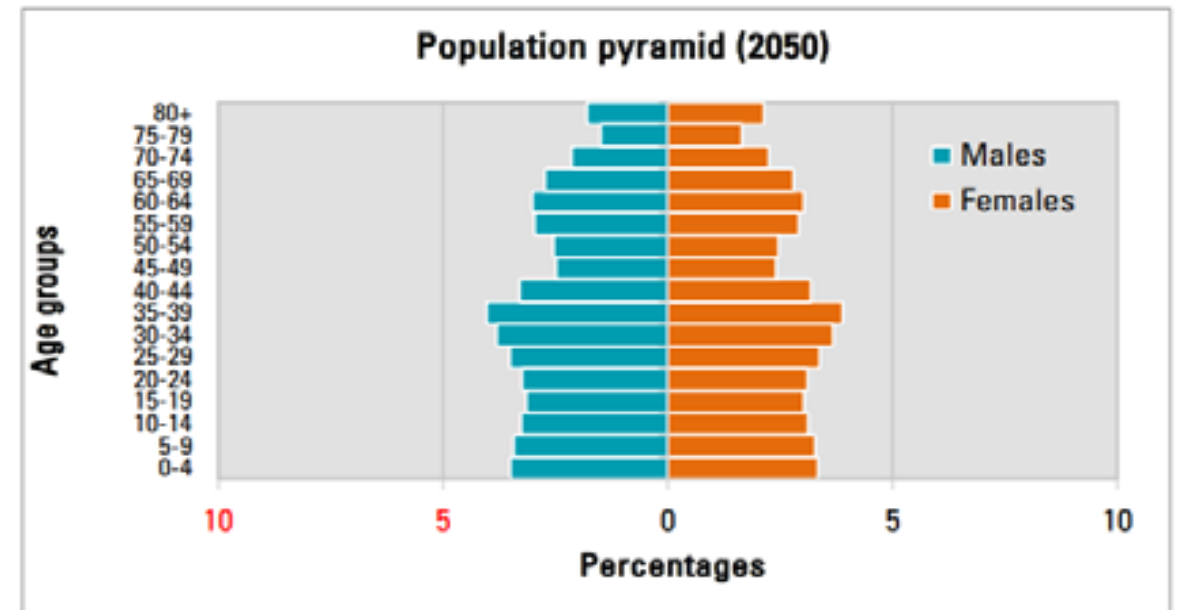
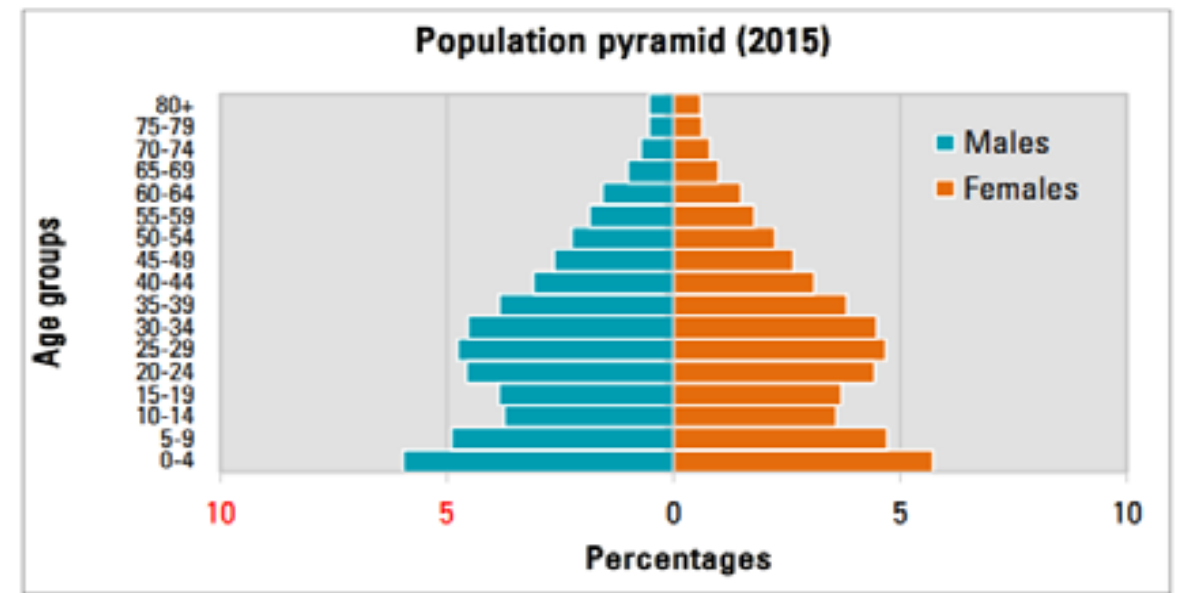
1. WHO Database. 2017. Retrieved Global Health Expenditure Database (who.int)
2. Worldbank. Algeria. Retrieved from <https://data.worldbank.org/indicator/SH.MED.BEDS.ZS?locations=DZ>
3. UNICEF 2019. Country Fact Sheet. Retrieved from <https://www.unicef.org/mena/media/4251/file>
4. https://archive.unescwa.org/sites/www.unescwa.org/files/algeria_2017-single_pages_jan_8.pdf
5. Rapport Conseil national économique, social et environnement (CNESE) Lundi, APS, 12 Août 2024

- Espérance de vie à la naissance:
Elle a atteint **77,2 ans en 2022**,
contre **57,4 ans en 1980**, plaçant
l'Algérie parmi les pays à
développement humain élevé.



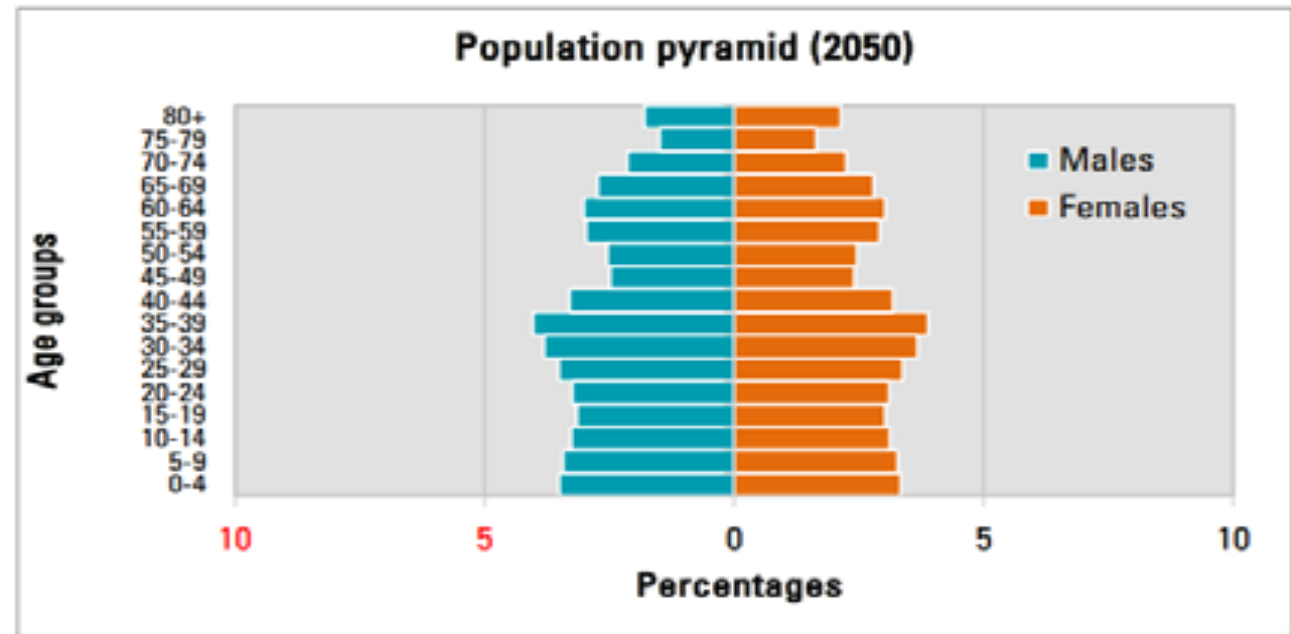
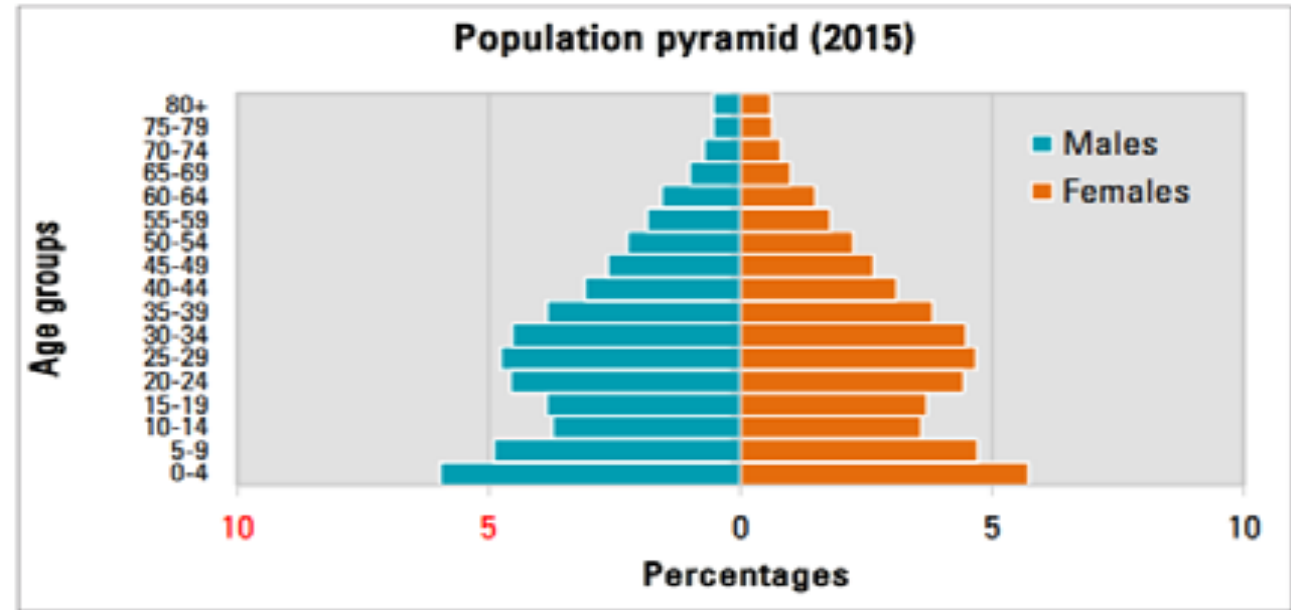
1. WHO Database. 2017. Retrieved Global Health Expenditure Database (who.int)
2. Worldbank. Algeria. Retrieved from <https://data.worldbank.org/indicator/SH.MED.BEDS.ZS?locations=DZ>
3. UNICEF 2019. Country Fact Sheet. Retrieved from <https://www.unicef.org/mena/media/4251/file>
4. https://archive.unescwa.org/sites/www.unescwa.org/files/algeria_2017-single_pages_jan_8.pdf
5. Rapport Conseil national économique, social et environnement (CNESE) Lundi, APS, 12 Août 2024

- Dans le secteur public, le nombre de praticiens est passé de 51 595 en 2019 à 58 945 en 2022.
- Dans le secteur privé, il est passé de 43 990 à 49 477 sur la même période.



1. WHO Database. 2017. Retrieved Global Health Expenditure Database (who.int)
2. Worldbank. Algeria. Retrieved from <https://data.worldbank.org/indicator/SH.MED.BEDS.ZS?locations=DZ>
3. UNICEF 2019. Country Fact Sheet. Retrieved from <https://www.unicef.org/mena/media/4251/file>
4. https://archive.unescwa.org/sites/www.unescwa.org/files/algeria_2017-single_pages_jan_8.pdf
5. Rapport Conseil national économique, social et environnement (CNESE) Lundi, APS, 12 Août 2024

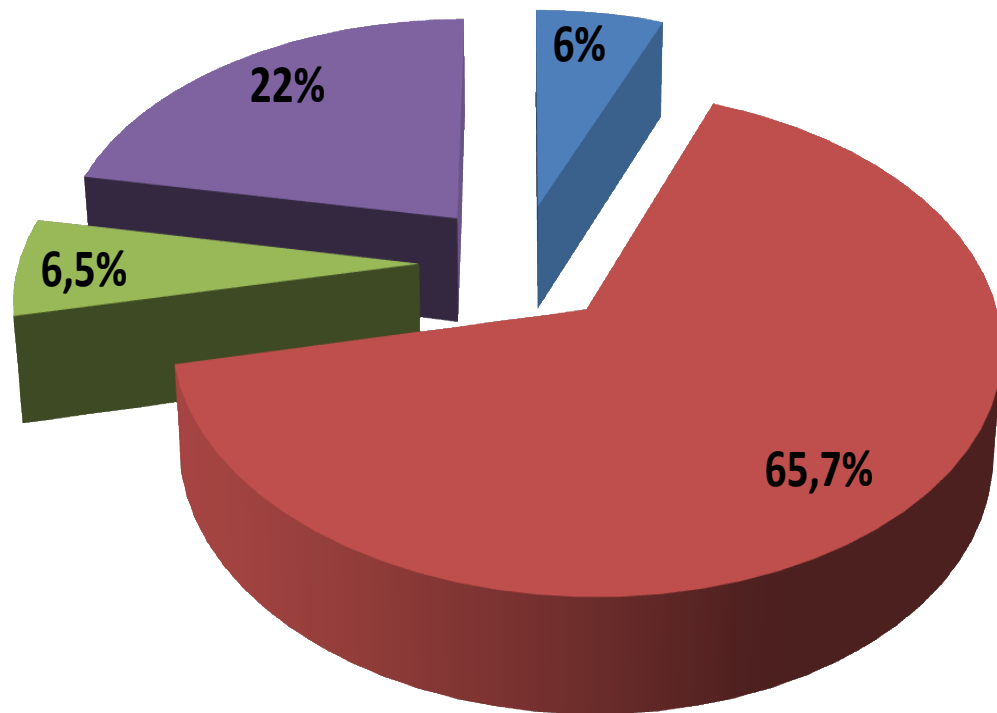
- En 2022, on comptait un médecin spécialiste pour 1 150 habitants, contre 1 449 en 2019, et un médecin généraliste pour 1 181 habitants, contre 1 175 en 2019.



1. WHO Database. 2017. Retrieved Global Health Expenditure Database (who.int)
2. Worldbank. Algeria. Retrieved from <https://data.worldbank.org/indicator/SH.MED.BEDS.ZS?locations=DZ>
3. UNICEF 2019. Country Fact Sheet. Retrieved from <https://www.unicef.org/mena/media/4251/file>
4. https://archive.unescwa.org/sites/www.unescwa.org/files/algeria_2017-single_pages_jan_8.pdf
5. Rapport Conseil national économique, social et environnement (CNESE) Lundi, APS, 12 Août 2024

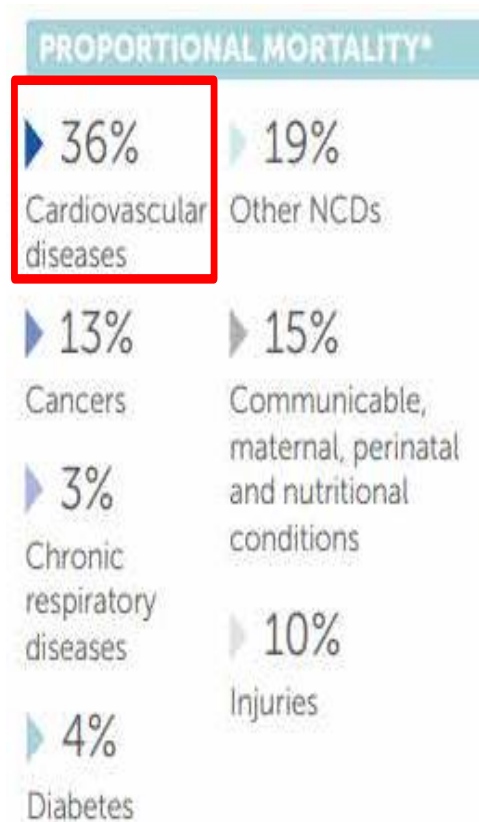
Ces améliorations reflètent les efforts déployés pour renforcer le système de santé en Algérie au cours des dernières années.

MORTALITES DES SUJETS AGES DE 30-69 ANS EN ALGERIE (INSP)

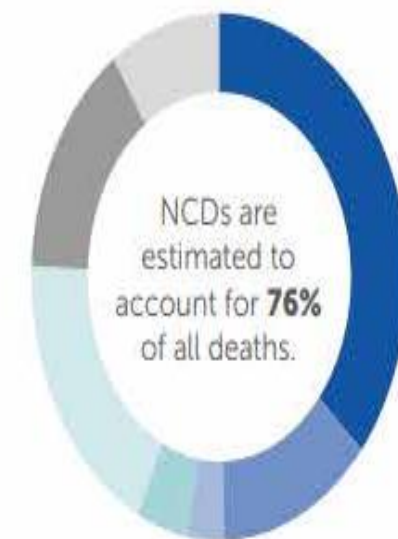


- TRANSMISSIBLES PERINATALES ET MATERNELLES
- NON TRANSMISSIBLES
- CAUSES EXTERNES
- MAL DEFINIES

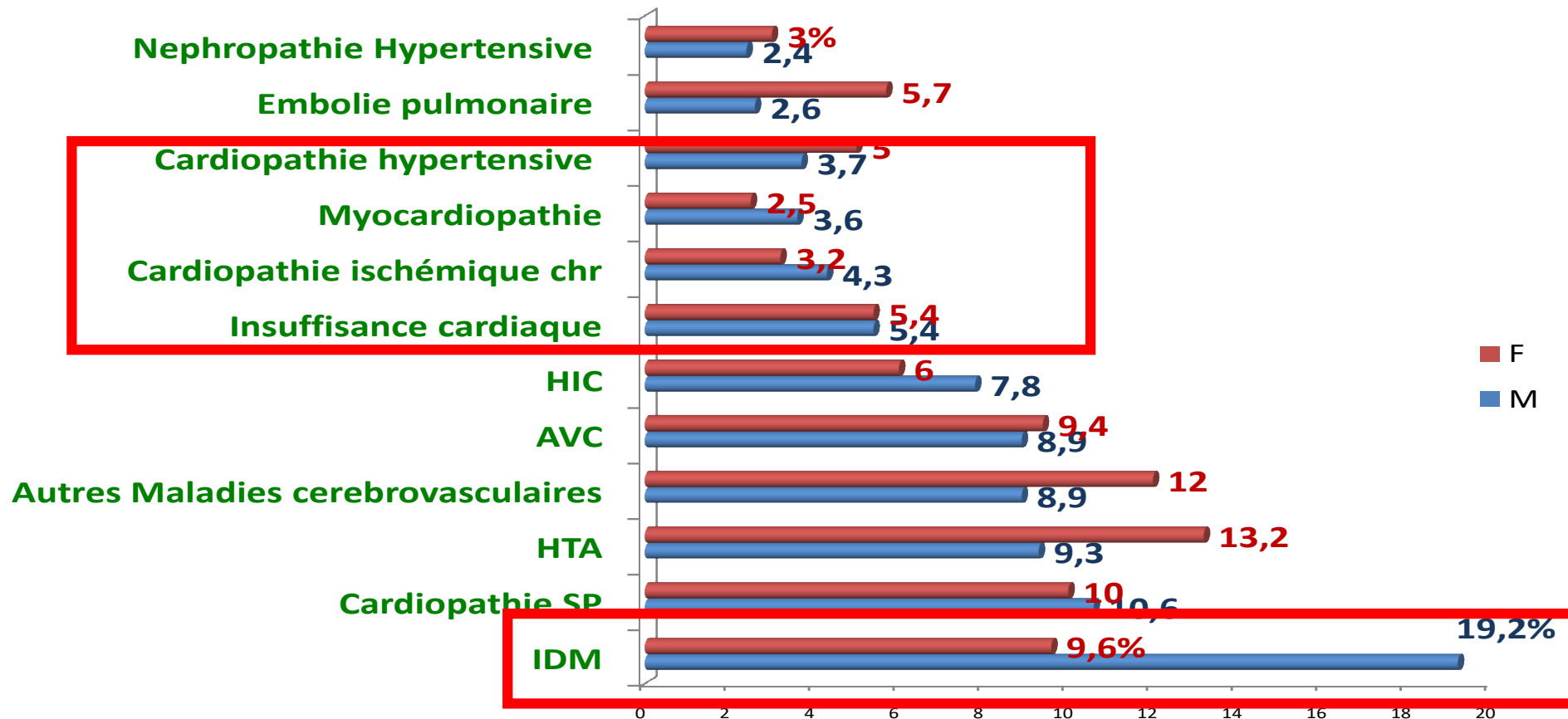
REPARTITION DES DECES SELON CLASSIFICATION DE L'OMS DES SUJETS DE 30-69 ANS
ANNEE 2017 SOURCE: INSP ALGERIE



Algeria



PRINCIPALES MALADIES CARDIOVASCULAIRES. EN ALGERIE (INSP)



PRINCIPALES CAUSES CARDIOVASCULAIRES DE DECES PAR SEXE
ANNEE 2017 SOURCE: INSP ALGERIE

Insuffisance cardiaque

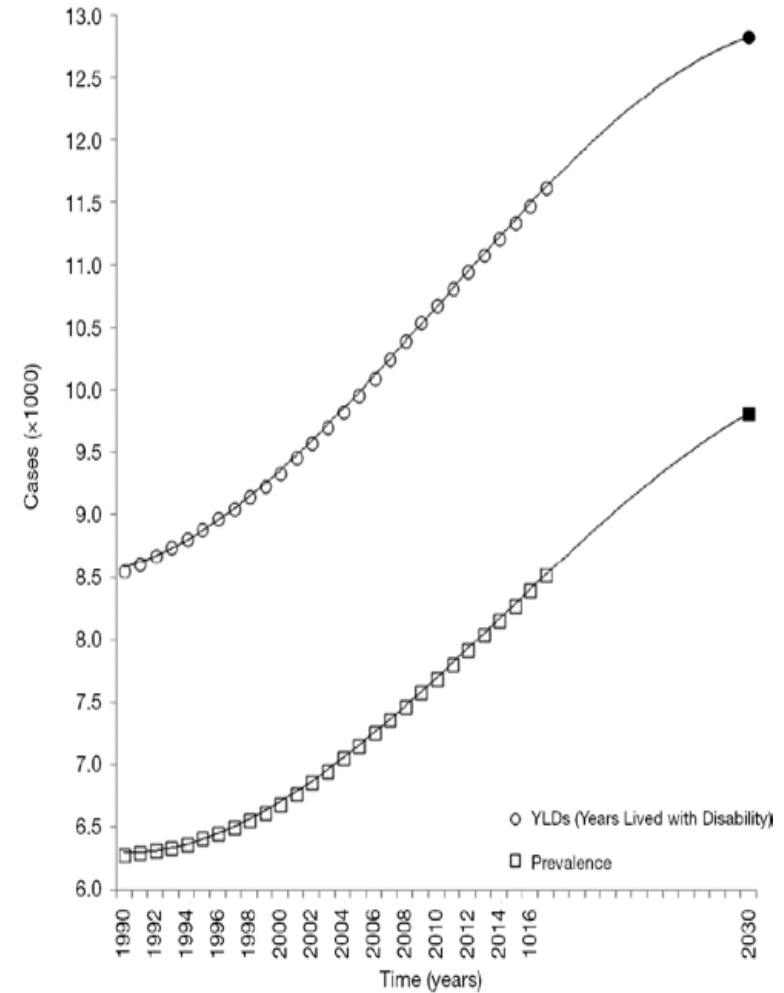
64.3 Prévalence mondiale de l'IC (2017)

million • 2% -3% de la population mondiale

1-2% De toutes les admissions à l'hôpital
sont liées à l'IC, qui est la cause de la
plupart des hospitalisations

\$ 346 Estimation mondiale de la charge
économique du HF

billion 4 millions de nouveaux cas/an



1.Savarese & Lund. Cardiac Failure Review 2017;3(1):7–11. DOI: 10.15420/cfr.2016:25:2

2.Cowie. 2015. The global burden of heart failure. www.escardio.org/HFA 3.Groenewegen, Rutten, Mosterd & Hoes. European Journal of Proprietary and confidential — do not distribute Heart Failure Volume 22, Issue 8. <https://doi.org/10.1002/ejhf.1858> 4.World Heart Federation. Retrieved from <https://www.world-heart-federation.org/resources/heart-failure-fact-sheet/>. 5. Lippi et al. 2020 <https://amj.amegroups.com/article/view/5475/html> . 6. Stewart S et al. Eur J Heart Failure. 2001; 3(3): 315-322

Facteurs de risques de l'IC

Parmi les nouveaux cas d'IC, 76 % souffraient d'hypertension. Le risque d'ICFEp avec l'hypertension est de 1,14 et celui d'ICFEr est de 1,2.

L'infarctus du myocarde augmente le risque d'ICFEp de 1,48 et le risque d'ICFEr de 2,6

La fibrillation auriculaire multiplie par 5 le risque d'IC. 22 à 42 % des patients atteints de FA souffrent d'IC.



Les patients atteints de diabète sucré ont un risque de 1,83 de développer une ICFEr

L'obésité augmente le risque d'ICFEp de 1,28 et de 1,19 dans l'ICFEr.

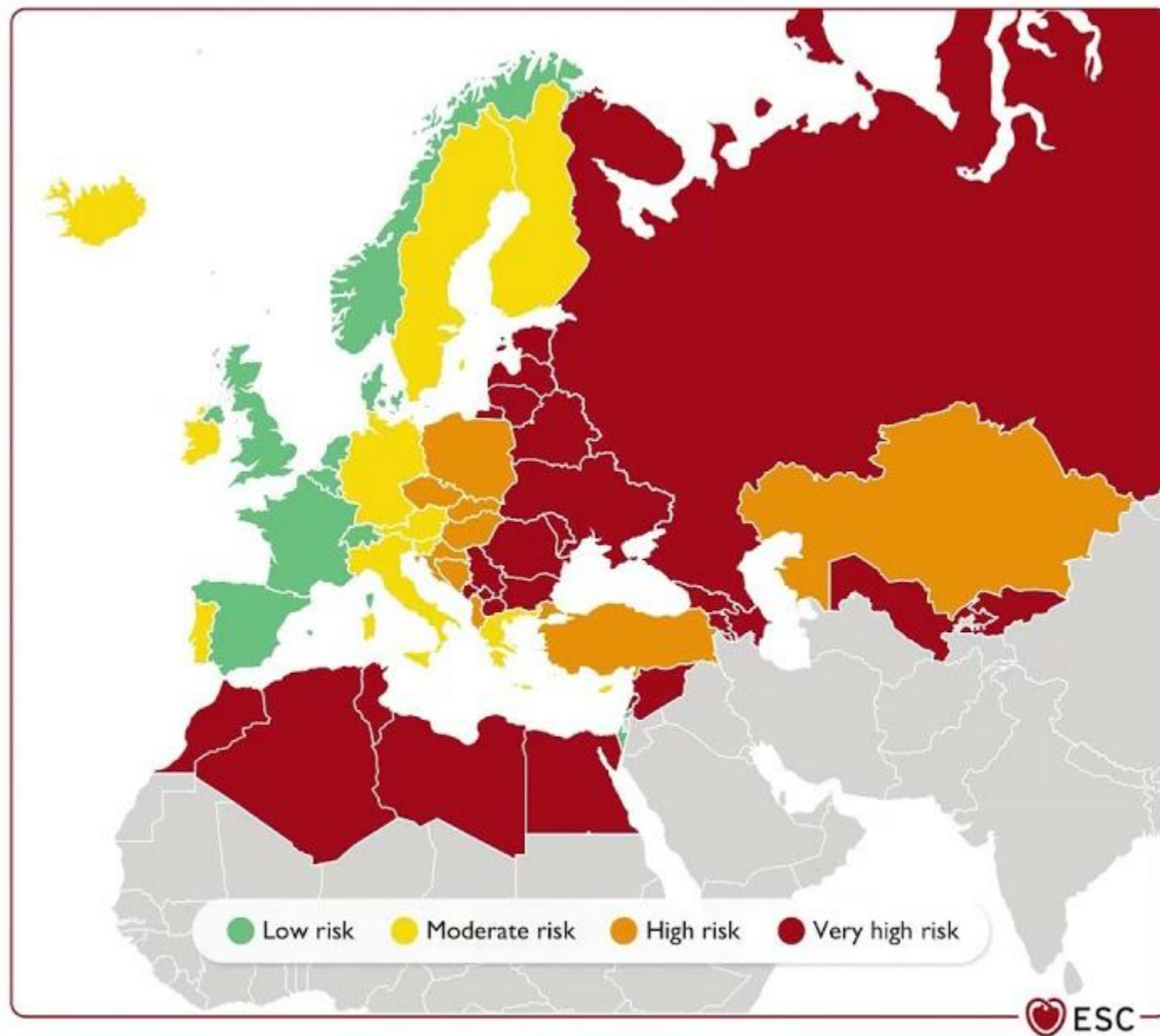
Avec l'âge, le risque d'ICFEp augmente de 1,9 par 10 ans et de 1,66 pour l'ICFEr.

1.Heart Org. Retrieved from <https://www.heart.org/en/health-topics/heart-failure/causes-and-risks-for-heart-failure/understand-your-risk-for-heart-failure>

2.Groenewegen, Rutten, Mosterd & Hoes. European Journal ofHeart FailureVolume 22, Issue 8.

3.Odutayo et al. 2016. BMJ 2016;354:i4482

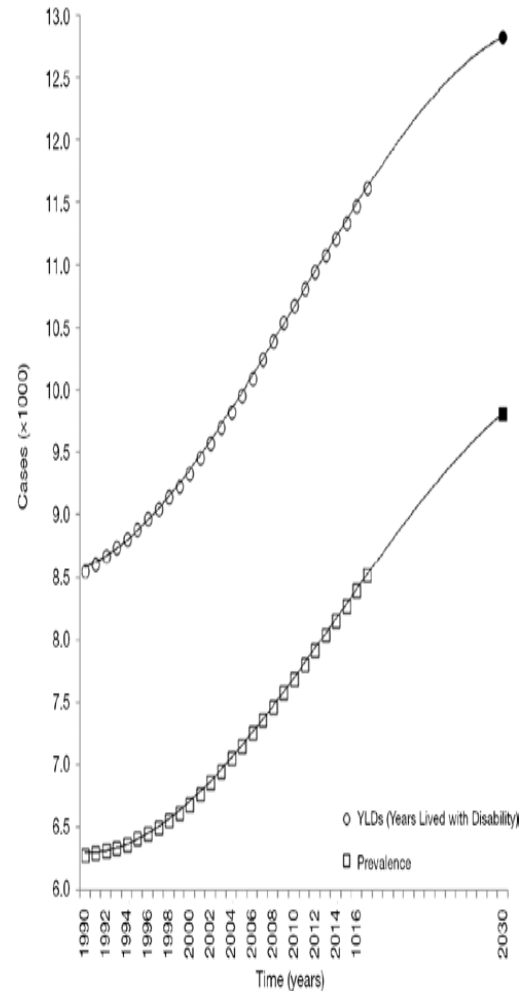
Risk regions based on World Health Organization cardiovascular mortality rates



64.3 Prévalence mondiale de l'IC (2017)
million

1-2% De toutes les admissions à l'hôpital
sont liées à l'IC, qui est la cause de la
plupart des hospitalisations

\$ 346 Estimation mondiale de la charge
économique du HF
billion



2016 European Guidelines on cardiovascular disease prevention in clinical practice

2.3.4.2 What are high-risk and very-high-risk countries?

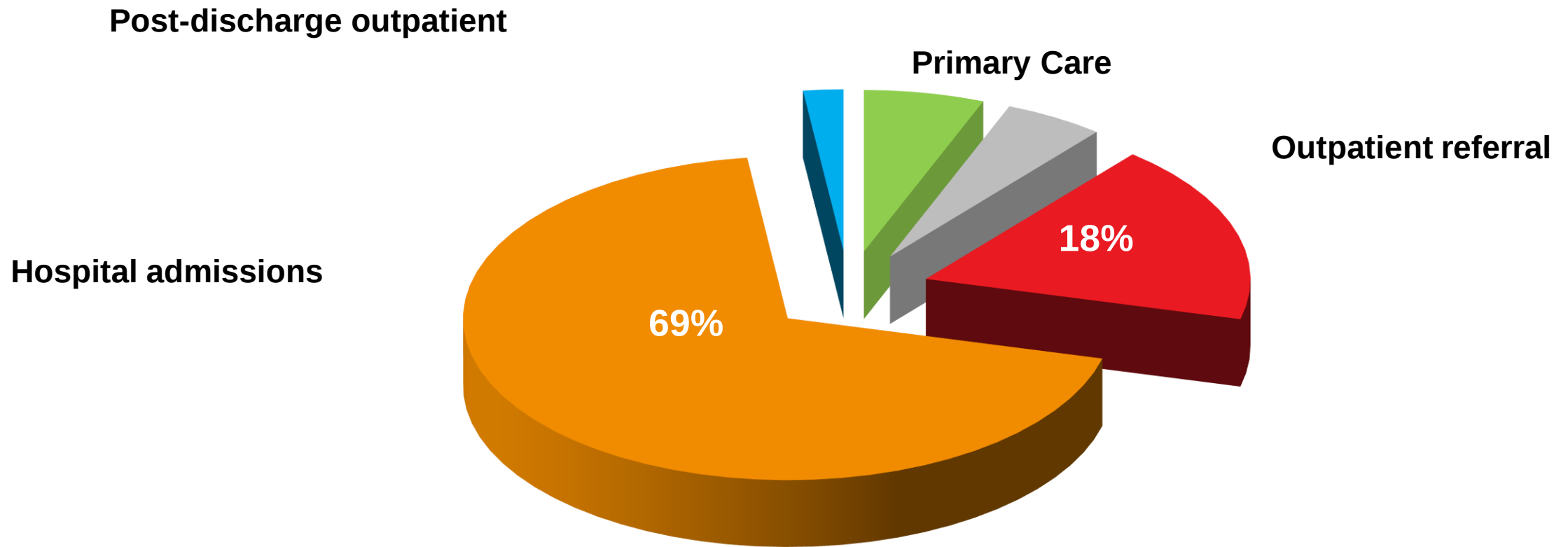
High-risk countries are Bosnia and Herzegovina, Croatia, Czech Republic, Estonia, Hungary, Lithuania, Montenegro, **Morocco**, Poland, Romania, Serbia, Slovakia, **Tunisia** and Turkey.

Very-high-risk countries present levels of risk that are more than double that of low-risk countries (i.e. CVD mortality > 450/100 000 for men and > 350/100 000 for women). Additionally, the male:female ratio is smaller than in low-risk countries, suggesting a major problem for women. The very high-risk countries are Albania, **Algeria**, Armenia, Azerbaijan, Belarus, Bulgaria, Egypt, Georgia, Kazakhstan, Kyrgyzstan, Latvia, former Yugoslav Republic of Macedonia, Moldova, Russian Federation, Syrian Arab Republic, Tajikistan, Turkmenistan, Ukraine and Uzbekistan.

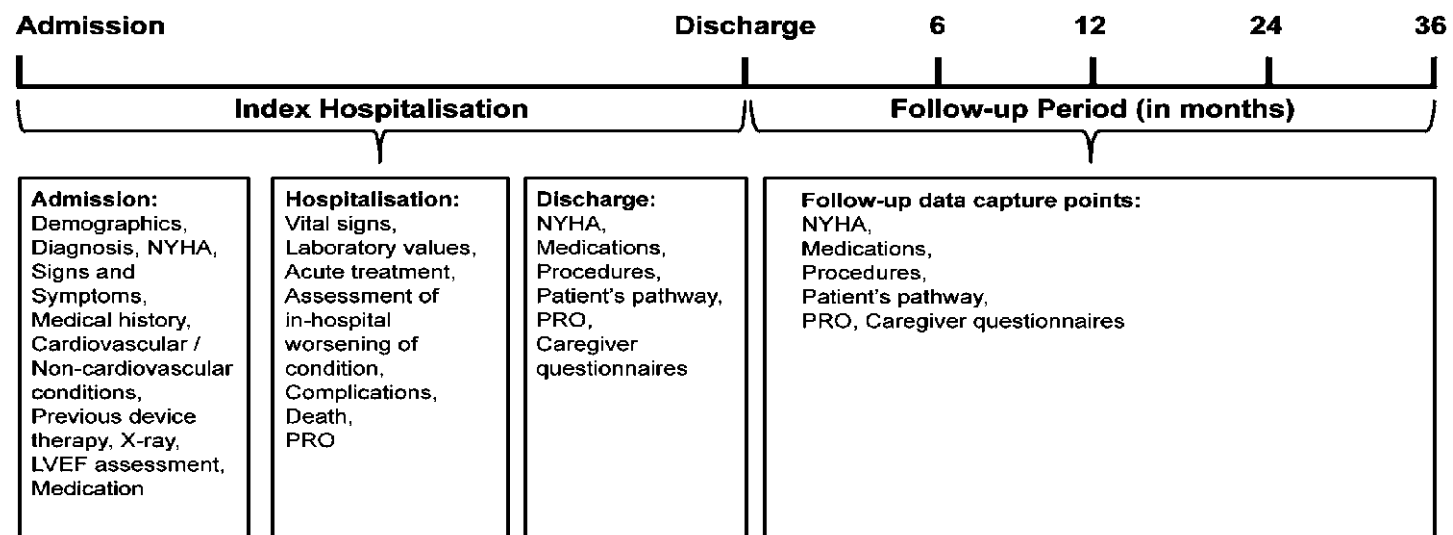
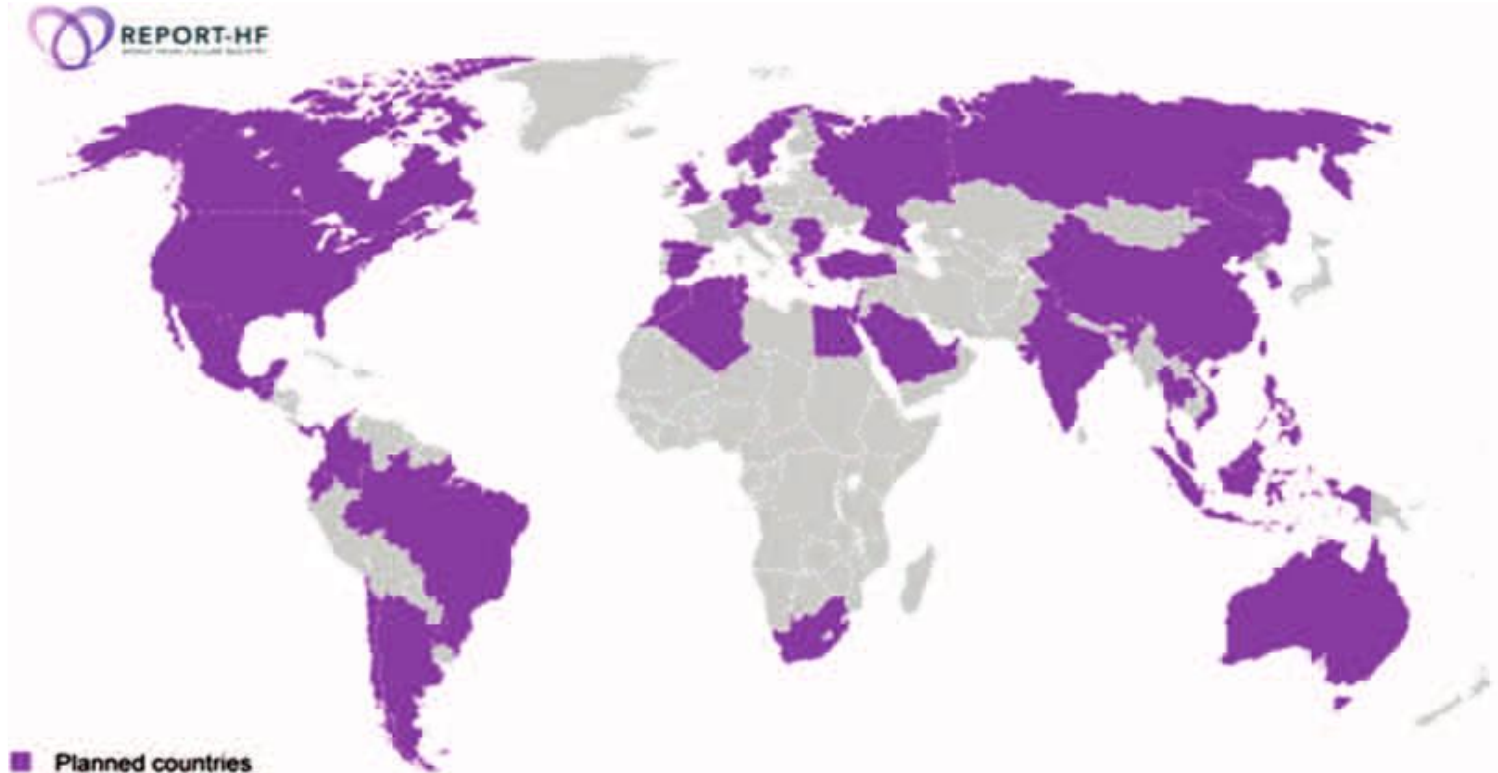
990,000
Prévalence estimée de l'IC
en Algérie

1. Savarese & Lund. Cardiac Failure Review 2017;3(1):7–11. DOI: 10.15420/cfr.2016:25:2
2. Cowie. 2015. The global burden of heart failure. www.escardio/HFA
3. Groenewegen, Rutten, Mosterd & Hoes. European Journal of Proprietary and confidential — do not distribute Heart Failure Volume 22, Issue 8. <https://doi.org/10.1002/ejhf.1858>
4. World Heart Federation. Retrieved from <https://www.world-heart-federation.org/resources/heart-failure-fact-sheet/>.
5. Lippi et al. 2020 <https://amj.amegroups.com/article/view/5475/html>
6. Stewart S et al. Eur J Heart Failure. 2001; 3(3): 315-322

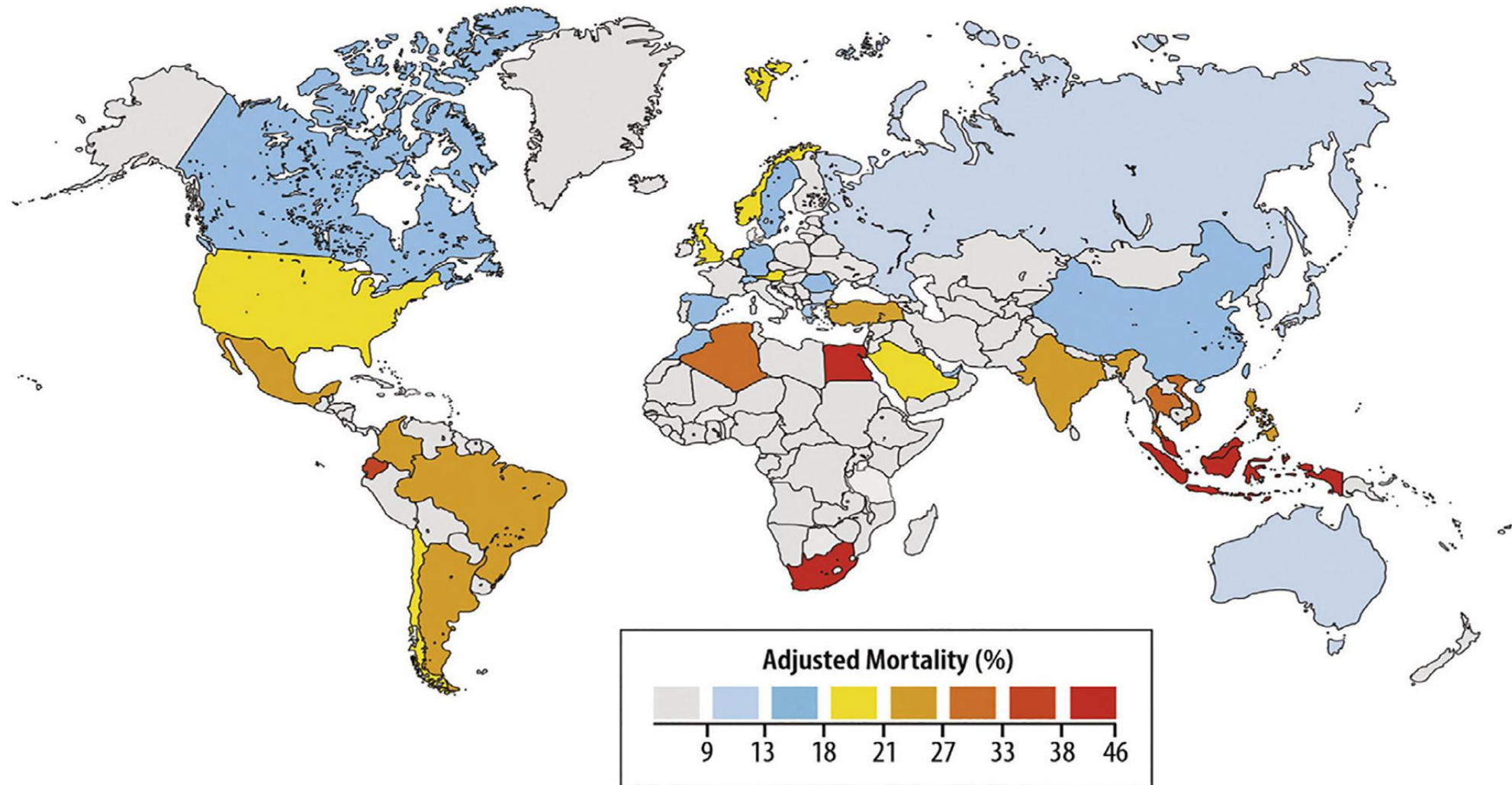
Impact économique de l'insuffisance cardiaque chronique



Hospitalization accounts for most CHF-associated costs

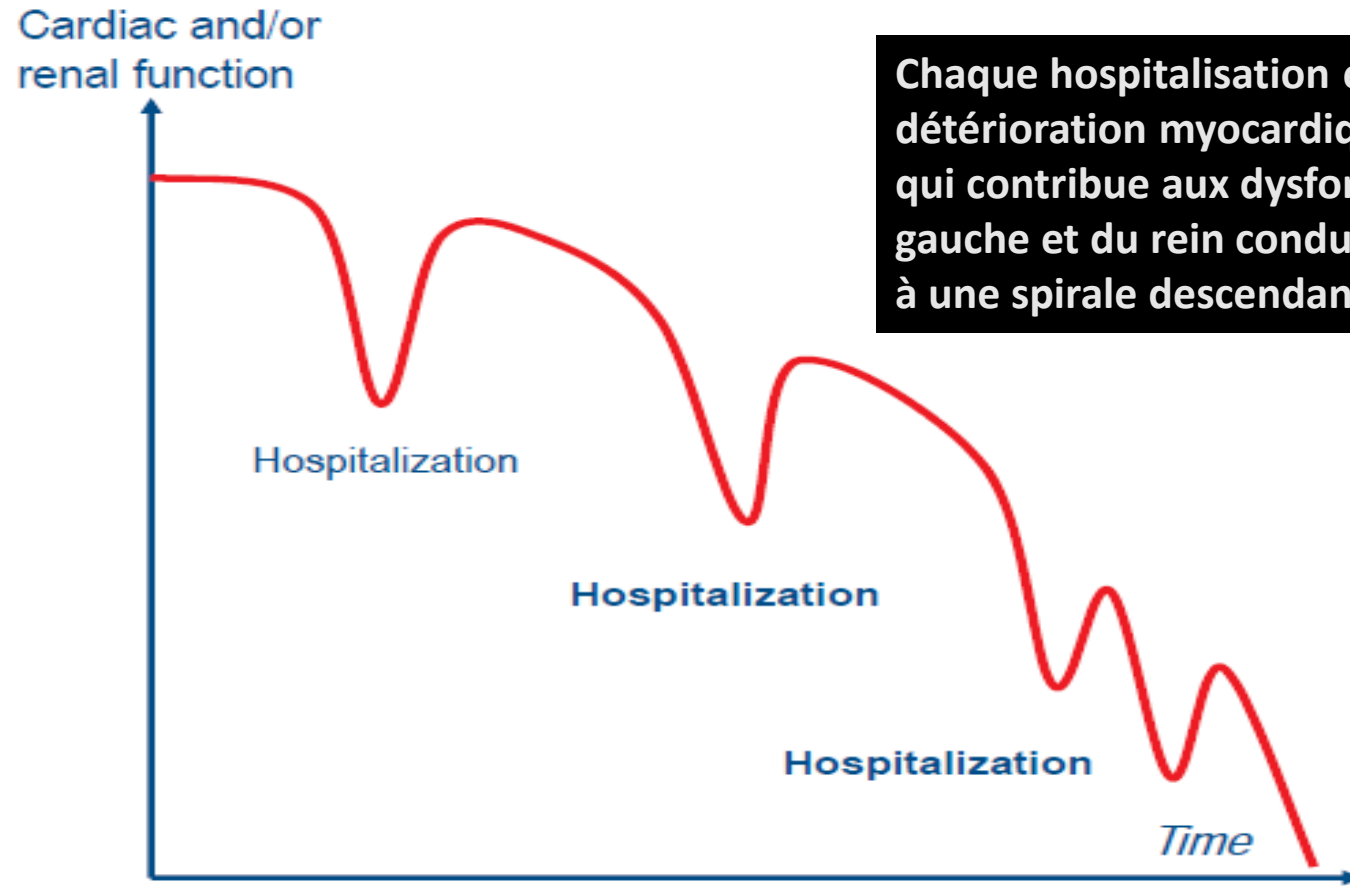


WORLD MAP SHOWING 1 YEAR MORTALITY RATES ADJUSTED FOR AGE, HEART FAILURE DIAGNOSIS, AND NEW YORK HEART ASSOCIATION CLASS (NYHA)



Les hospitalisations récurrentes...

Importantes pour plusieurs raisons



Chaque hospitalisation engendre une détérioration myocardique et rénale qui contribue aux dysfonctions progressives du ventricule gauche et du rein conduisant à une spirale descendante inévitable

Etudes cliniques dans HFrEF

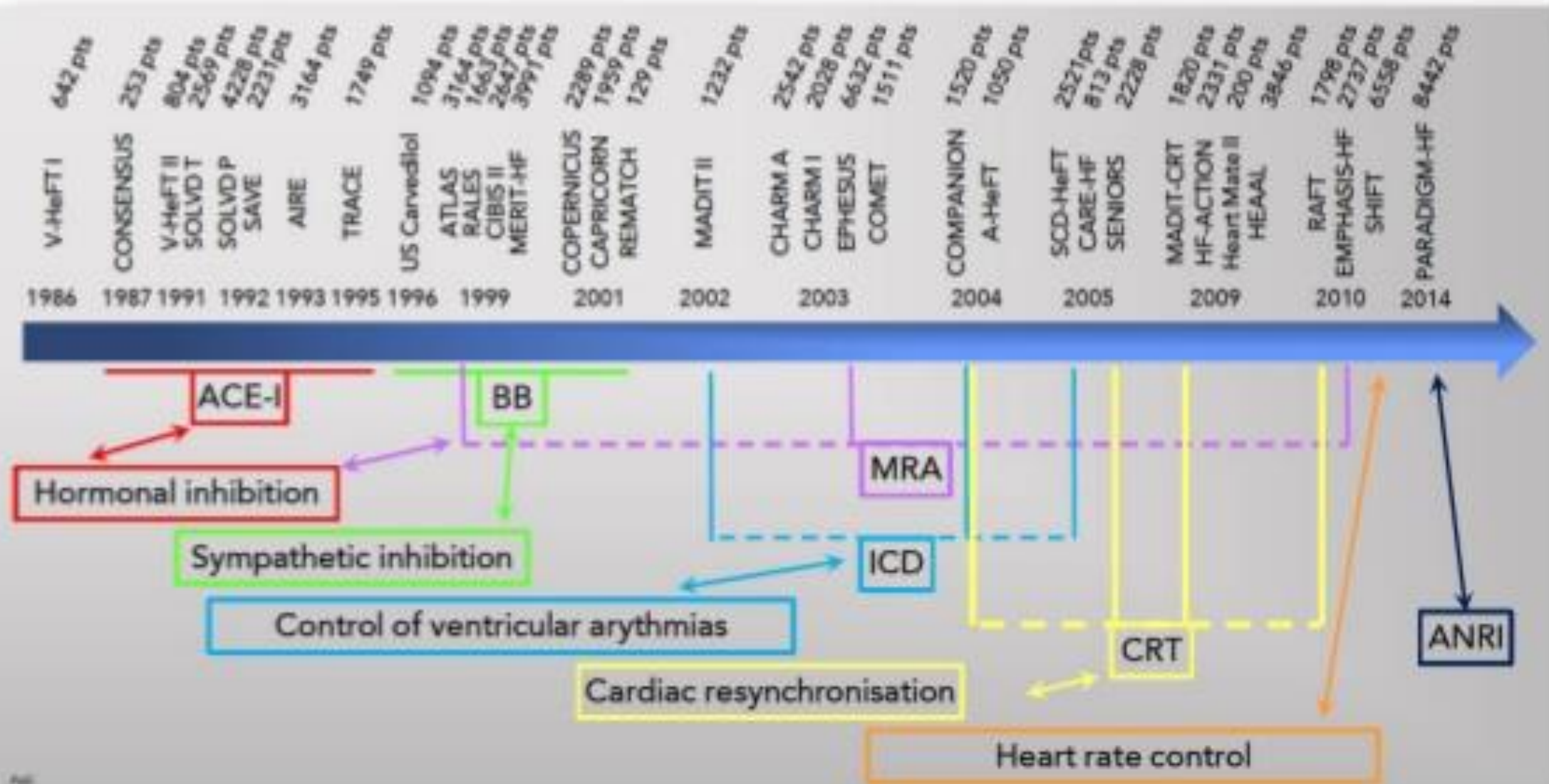
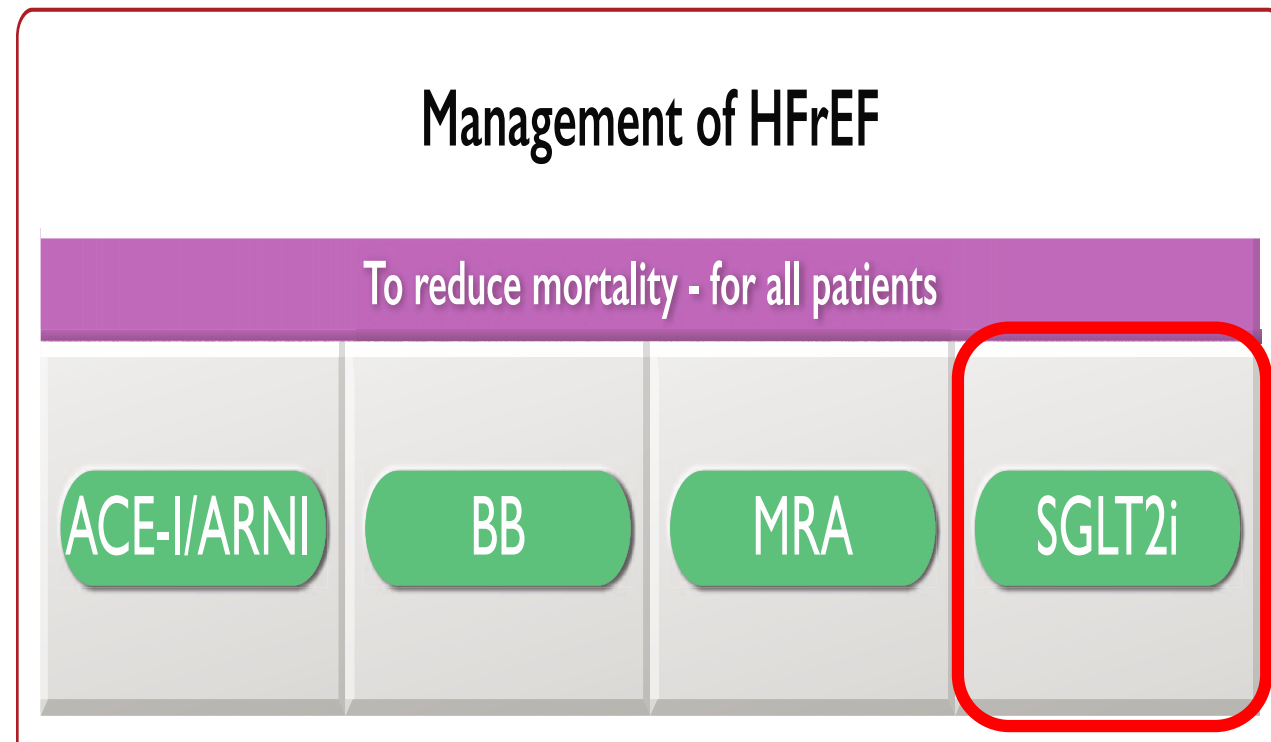
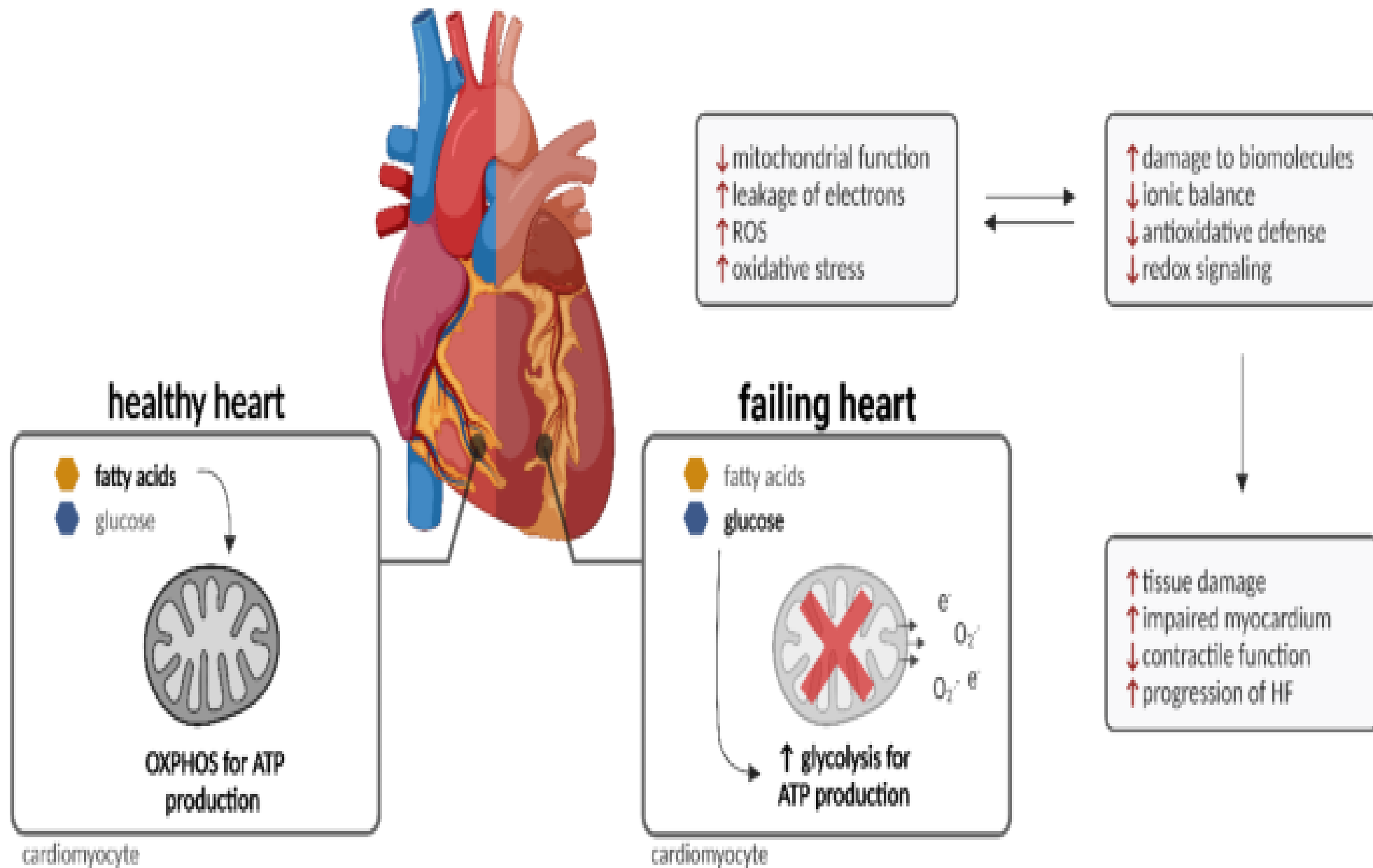


Table 8 Evidence-based doses of disease-modifying drugs in key randomized trials in patients with heart failure with reduced ejection fraction

	Starting dose	Target dose
ACE-I		
Captopril ^a	6.25 mg <i>t.i.d.</i>	50 mg <i>t.i.d.</i>
Enalapril	2.5 mg <i>b.i.d.</i>	10–20 mg <i>b.i.d.</i>
Lisinopril ^b	2.5–5 mg <i>o.d.</i>	20–35 mg <i>o.d.</i>
Ramipril	2.5 mg <i>b.i.d.</i>	5 mg <i>b.i.d.</i>
Trandolapril ^a	0.5 mg <i>o.d.</i>	4 mg <i>o.d.</i>
ARNI		
Sacubitril/valsartan	49/51 mg <i>b.i.d.</i> ^c	97/103 mg <i>b.i.d.</i>
Beta-blockers		
Bisoprolol	1.25 mg <i>o.d.</i>	10 mg <i>o.d.</i>
Carvedilol	3.125 mg <i>b.i.d.</i>	25 mg <i>b.i.d.</i> ^e
Metoprolol succinate (CR/XL)	12.5–25 mg <i>o.d.</i>	200 mg <i>o.d.</i>
Nebivolol ^d	1.25 mg <i>o.d.</i>	10 mg <i>o.d.</i>
MRA		
Eplerenone	25 mg <i>o.d.</i>	50 mg <i>o.d.</i>
Spironolactone	25 mg <i>o.d.</i> ^f	50 mg <i>o.d.</i>
SGLT2 inhibitor		
Dapagliflozin	10 mg <i>o.d.</i>	10 mg <i>o.d.</i>
Empagliflozin	10 mg <i>o.d.</i>	10 mg <i>o.d.</i>





L'empagliflozine est le premier et le seul traitement approuvé en Algérie dont il a été démontré qu'il améliore les résultats cardiovasculaires de l'ensemble des patients atteints d'IC, y compris les patients ayant une FEVG >40 %

FEVG

40 %

50 %

ICFEr

ICFEmr

ICFEp

EMPEROR-Reduced^{1,2}

Décès d'origine CV ou HIC



RRR
25 %

RRA
5,2 %

NNT
19

EMPEROR-Preserved³

Décès d'origine CV ou HIC



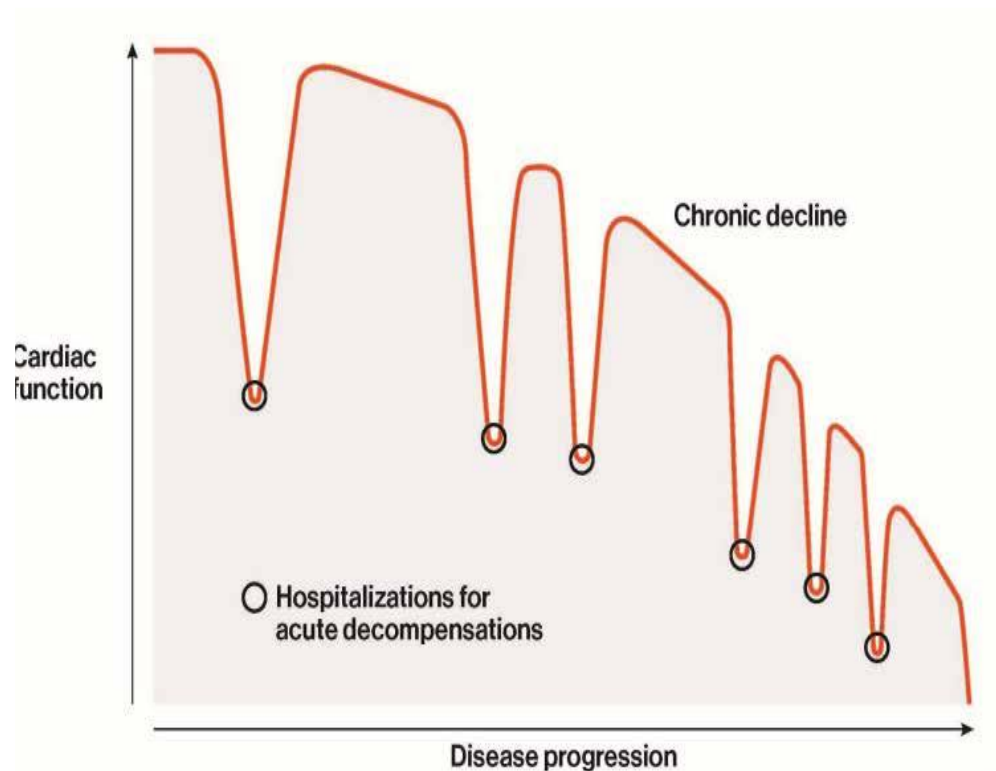
RRR
21 %

RRA
3,3 %

NNT
31

ARR, absolute risk reduction; CV, cardiovascular; HF, heart failure; HFmrEF, heart failure with mildly reduced ejection fraction; HFpEF, heart failure with preserved ejection fraction; HFrEF, heart failure with reduced ejection fraction; HHF, hospitalization for heart failure; LVEF, left ventricular ejection fraction; NNT, number needed to treat; RRR, relative risk reduction.

1. Packer M et al. *N Engl J Med.* 2020;383:1413; 2. Butler J et al. *Eur J Heart Fail.* 2020;22:1991; 3. Anker SD et al. *N Engl J Med.* 2021;385:1451.



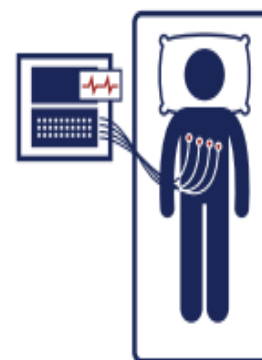
5
YEAR

SURVIVAL RATE FOR
HEART FAILURE IS
WORSE THAN BREAST
OR PROSTATE CANCER^{vi}



UP TO **40%**

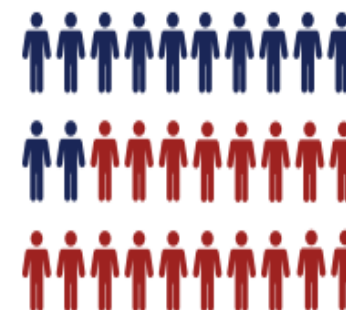
of people diagnosed
with heart failure die
within one year.^{viii}



THE MORTALITY

of patients hospitalised with
heart failure remains high
overall at

10.1%^{vii}



Case Report



Patient Information

- K.A, 26 years old (Born: 23/08/1996) Man
- Residence: Algiers
- Diagnostic : Heart Failure due to dilated cardiopathy with severe LV dysfunction.

Medical History

- 2013: Diagnosed with acute leukemia, treated with chemotherapy, complicated by cardiotoxicity, leading to severe left ventricular dysfunction.
- Followed up in pediatrics and later by a private cardiologist.
- 2023: Referred to our consultation.
- February 21, 2024: Hospitalized for the management of global heart failure decompensation.
- Hospitalized multiple times for episodes of heart failure.

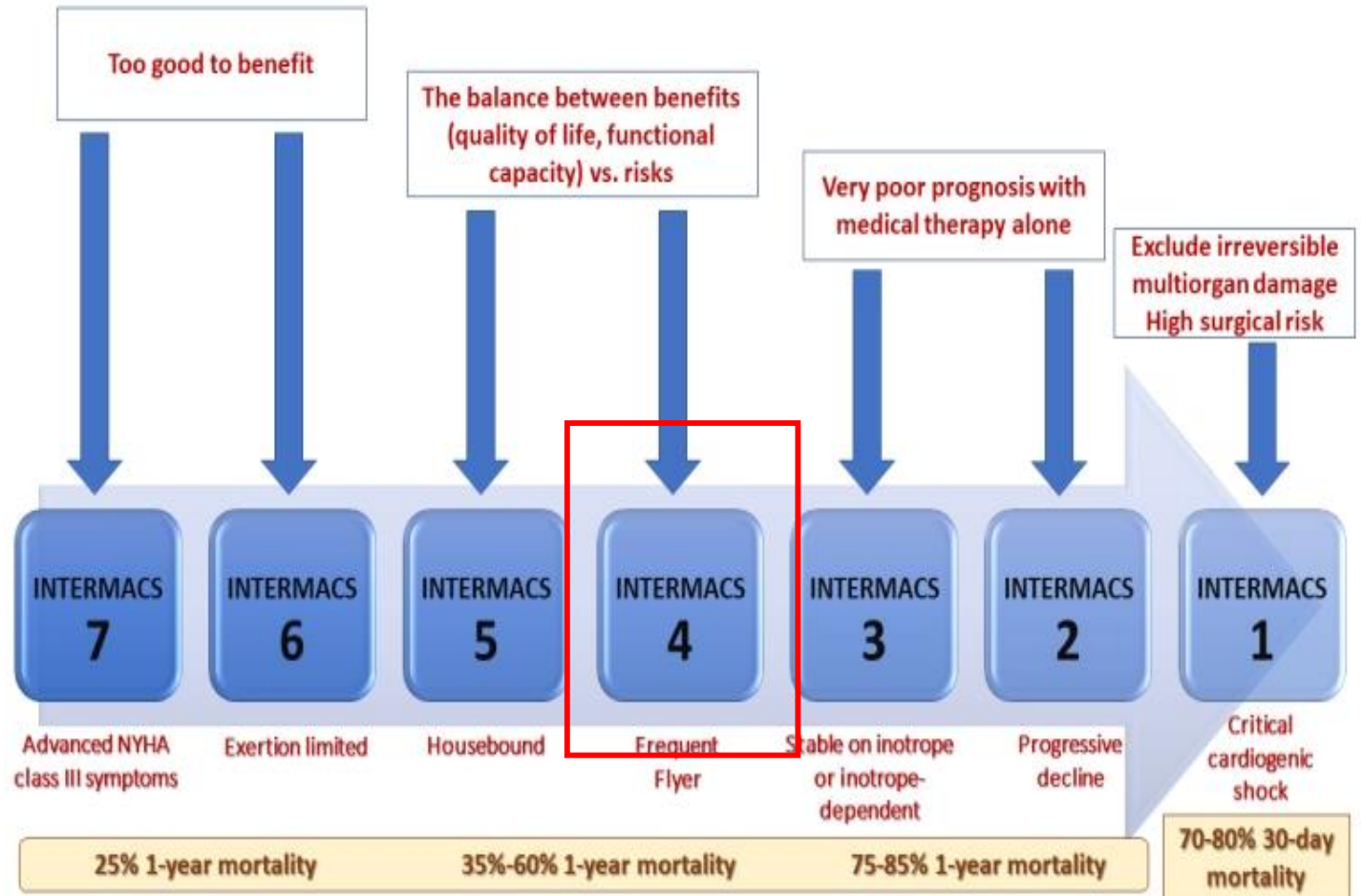
	Clinical examination
General Status (GS)	- Blood Pressure (BP): 88/60 mmHg - Heart Rate (HR): 90 bpm - Oxygen Saturation (SpO2): 98% on room air - T°: 37,2°C - Weight: 83 kg, Heigh : 180 cm BMI: 25,6 kg/m²
Functional Status (FS)	Dyspnea: NYHA Class IV

	Clinical examination
Physical Signs (SP)	Cardiac Examination: - Heart sounds are audible. Pulmonary Auscultation: - crackles present at both lung bases. Peripheral Circulation: - Peripheral pulses are present and symmetric. Other Findings: - No signs of right-sided heart failure. - No significant abnormalities detected on general examination.

INTERMACS profils

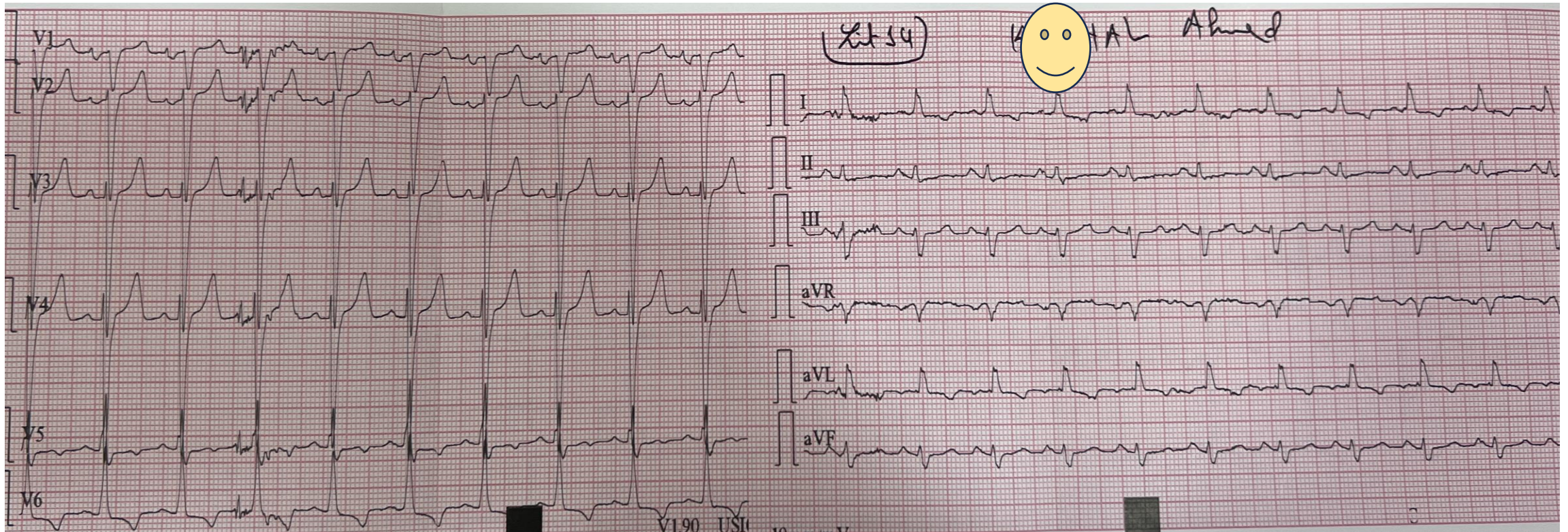
Profils	Descriptions	Indications à l'assistance circulatoire chronique
1	Choc cardiogène critique	— (*)
2	Péjoration progressive malgré inotropes	± (*)
3	Stable mais non sevrable des inotropes	+
4	Symptômes de repos à domicile sous thérapie orale maximale	+
5	Intolérance complète à tout exercice	±
6	Limitation lors de tout exercice	—
7	Classe NYHA III avancée	—

(*) indication à l'assistance circulatoire de courte durée, par exemple en pont à une assistance de plus longue durée (Bridge to bridge, BTB) ou en pont à la décision (Bridge to decision, BTD).
 INTERMACS: Interagency registry for mechanically assisted circulatory support; NYHA: New York Heart Association.

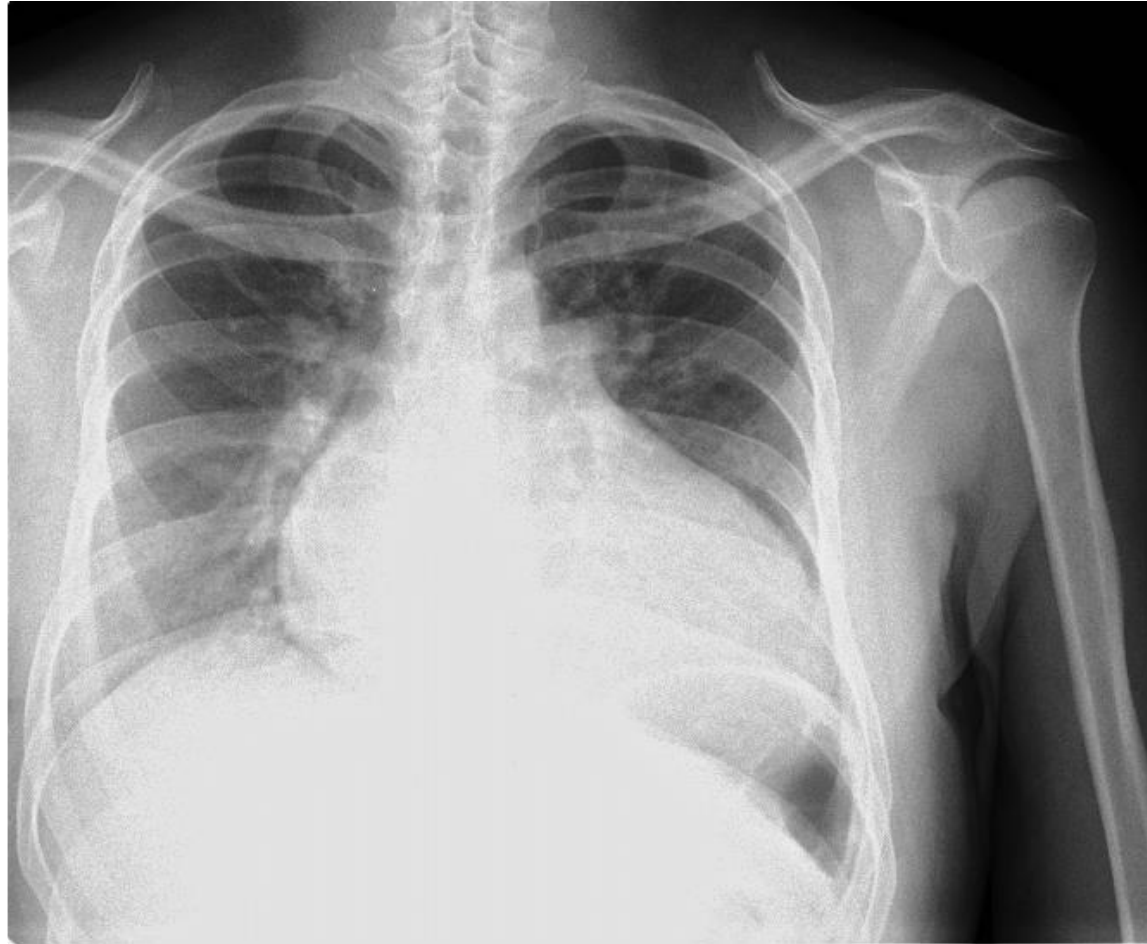


Electrocardiogram (ECG)

- Rhythm: Regular sinus rhythm , HR 90 bpm.
- Incomplete left bundle branch block (LBBB).



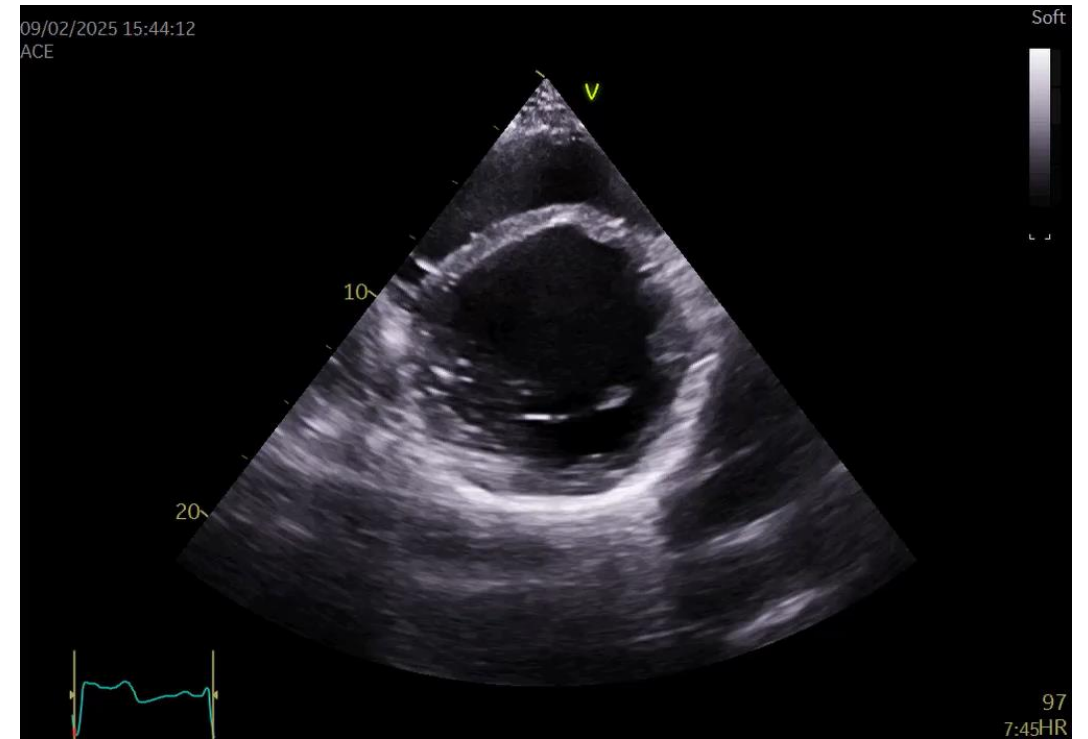
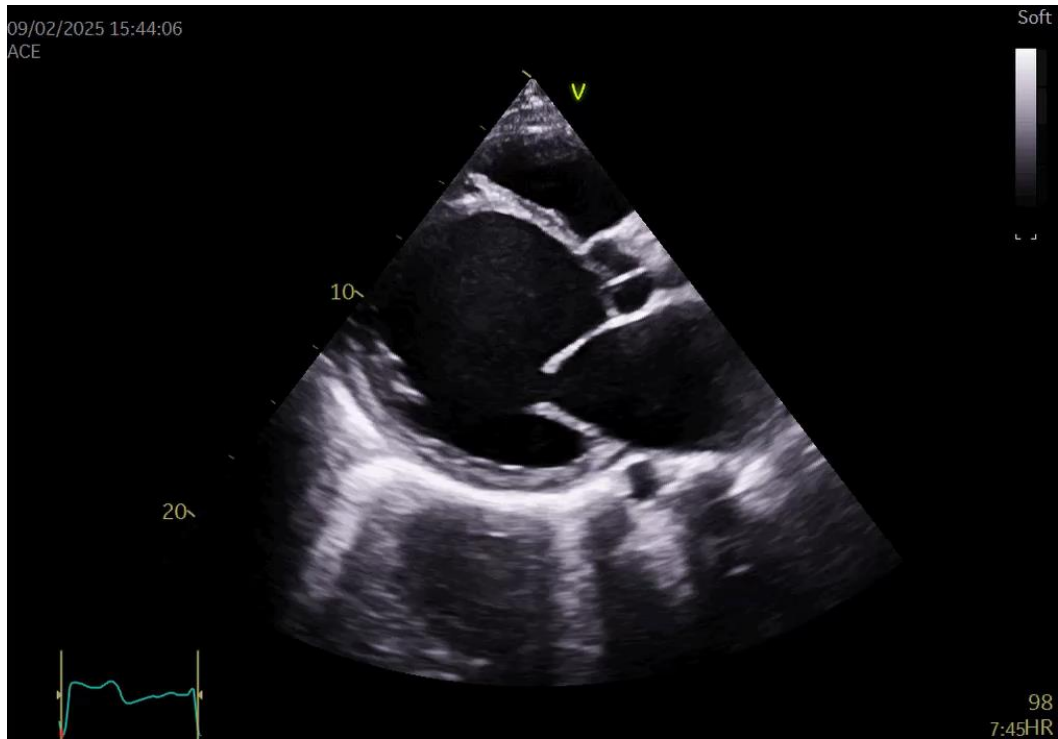
Chest X ray



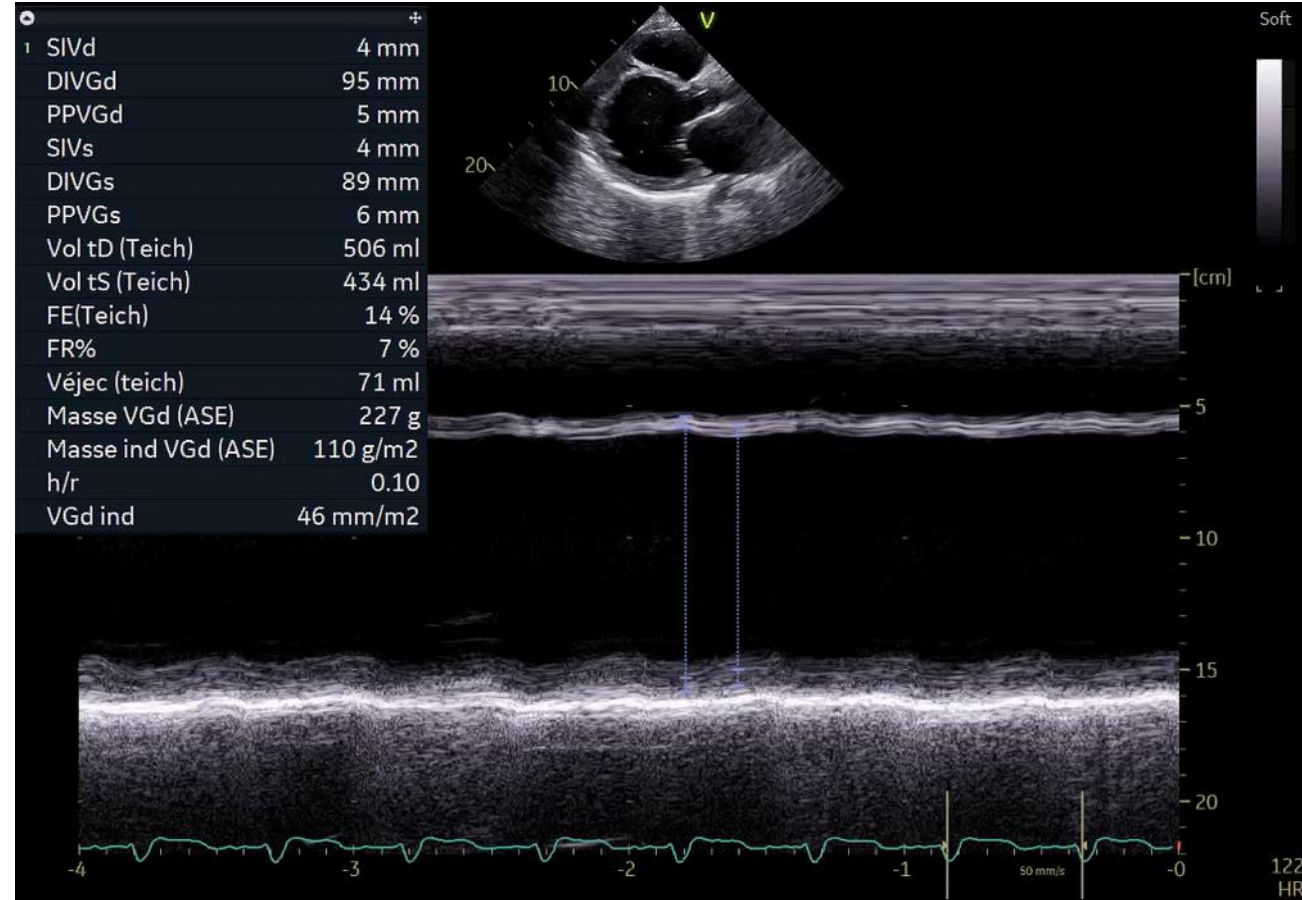
Laboratory testing

Complete Blood Count (CBC)	White Blood Cells (WBC): 10700/mm ³	Hemoglobin (Hb): 12 g/dL Hte: 34.2 %	Platelets (Plt): 244000 /mm ³
Serum Electrolytes	Na+: 132	K+: 4.1	
Renal Function	Urea: 0.44 g/L	Créat: 10 mg/l GFR: 68 ml/min/1,73 m2	
Biomarqueurs cardiaques	Troponine -	NTproBNP: 16816 pg/ml	
Hemostase	Prothrombin Time (PT): 32 %	INR: 2.1	
Other Investigations	- Infectious Workup: - Liver Function Tests: Normal. - Thyroid-Stimulating Hormone (TSH): Normal. - Serologies: Negative.	C-Reactive Protein (CRP): 63 g/l	

Echocardiography



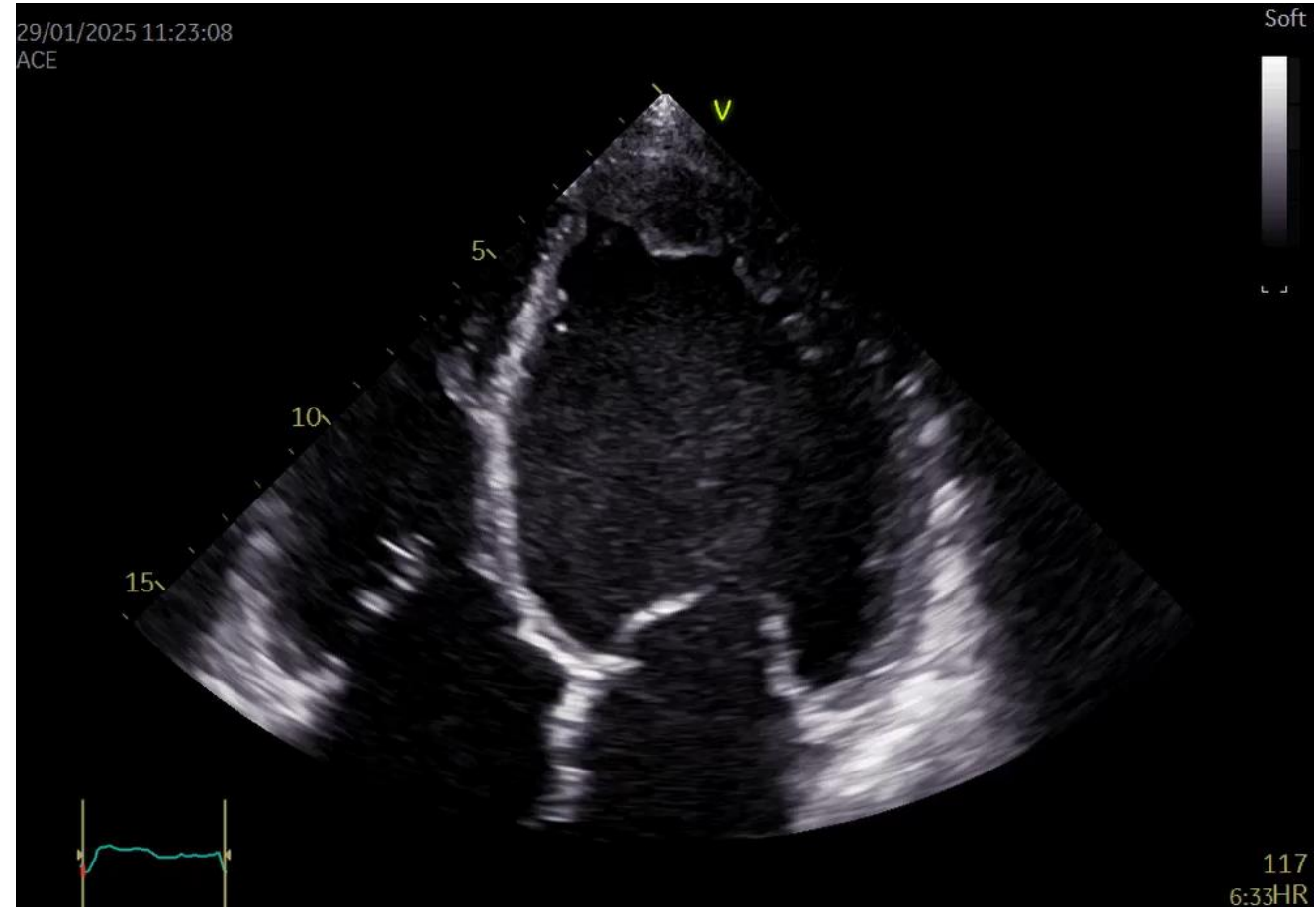
LV dimensions

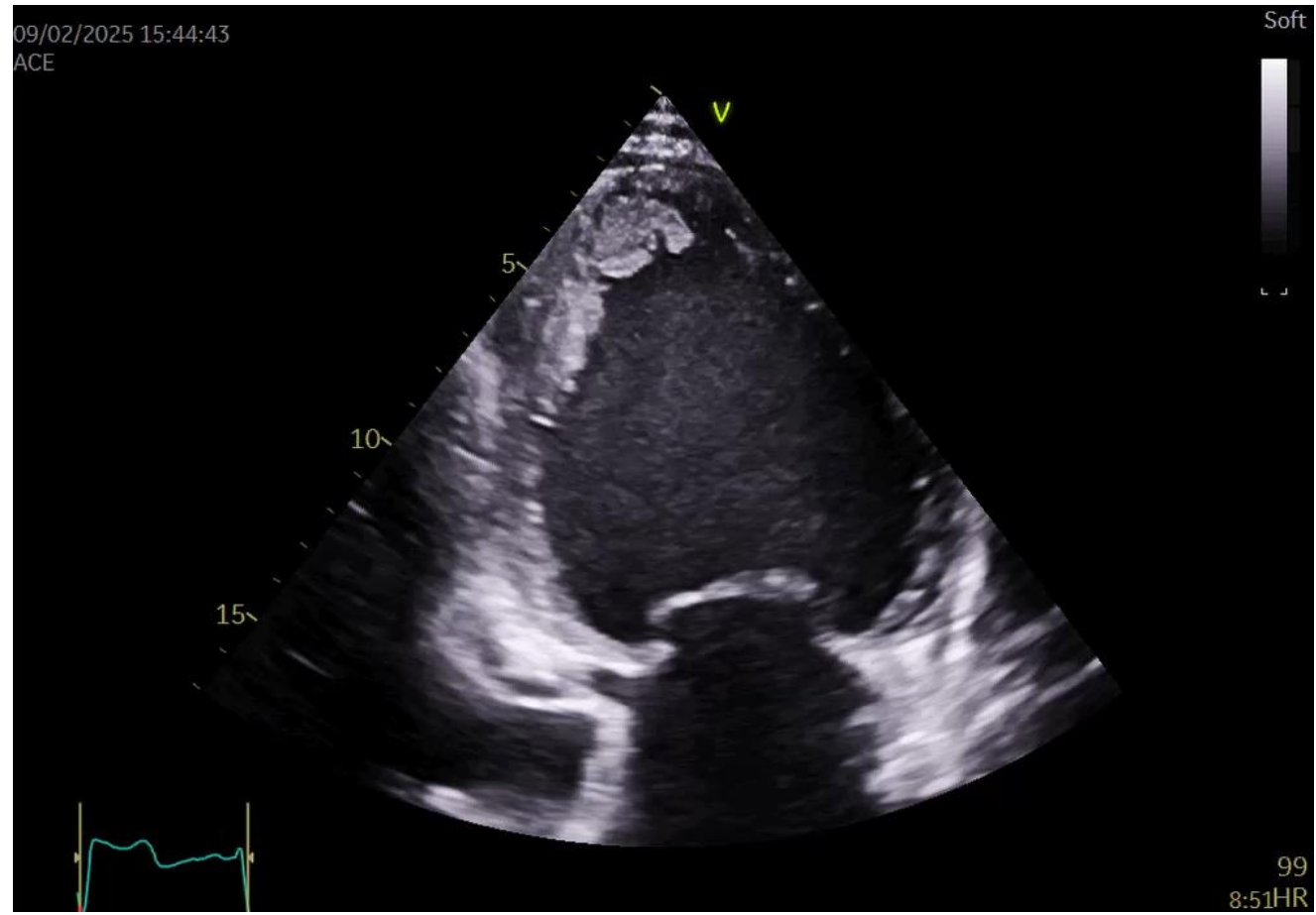


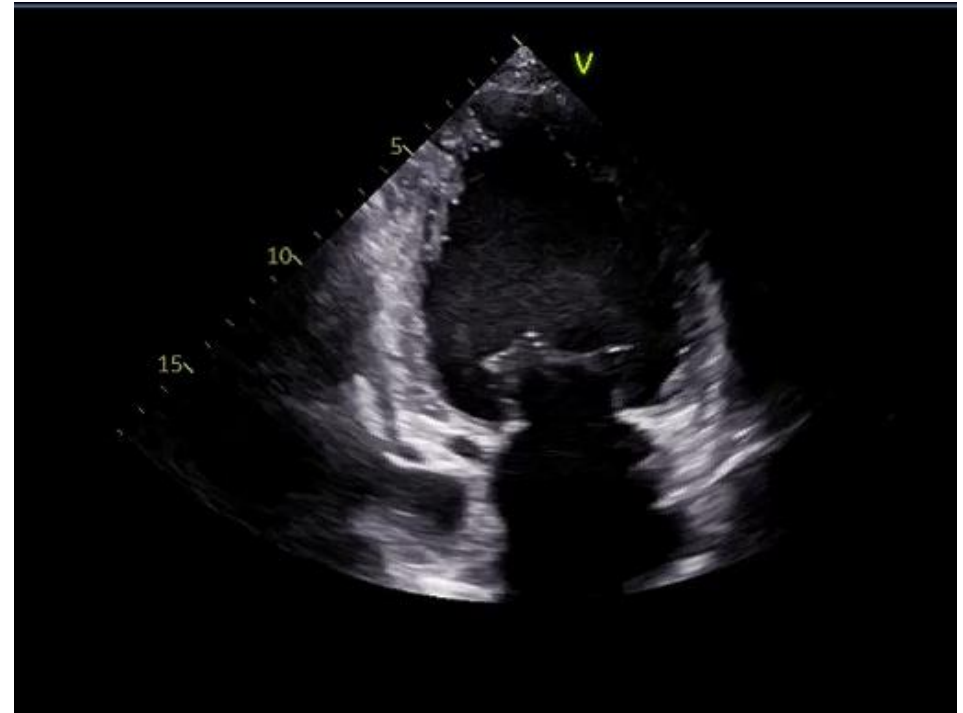
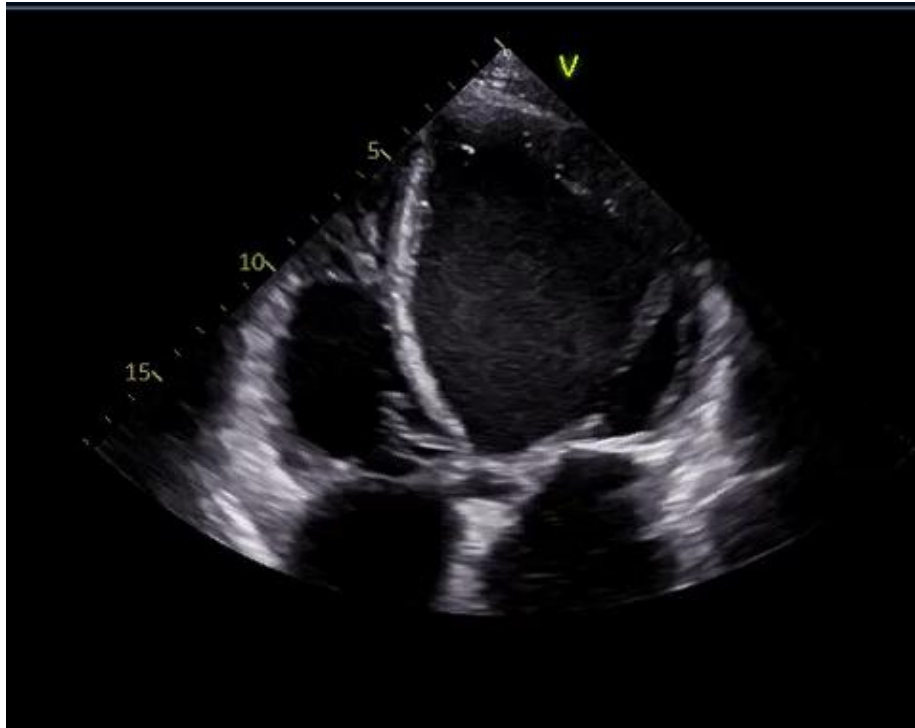
09/02/2025 15:47:25
ACE

Soft

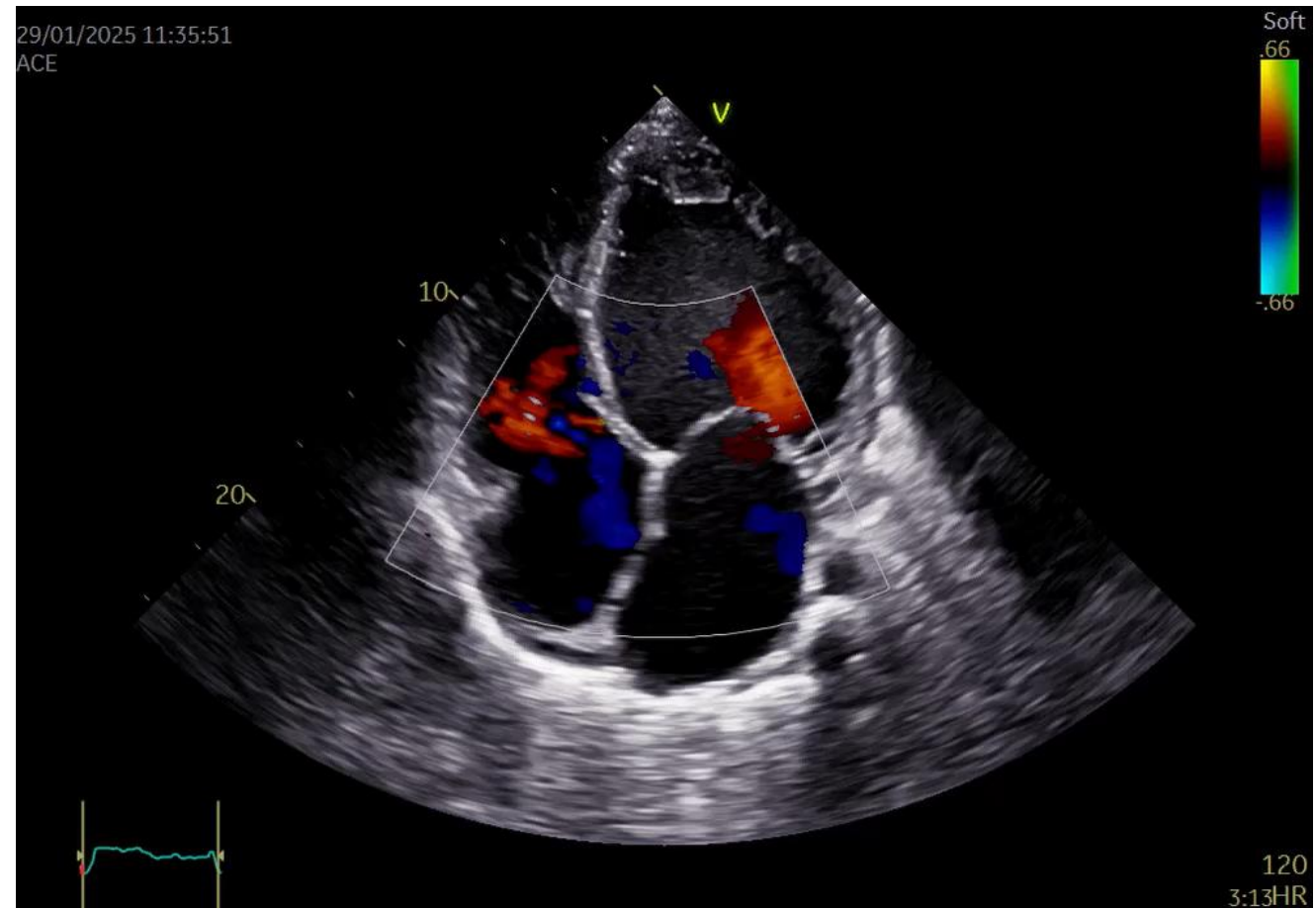




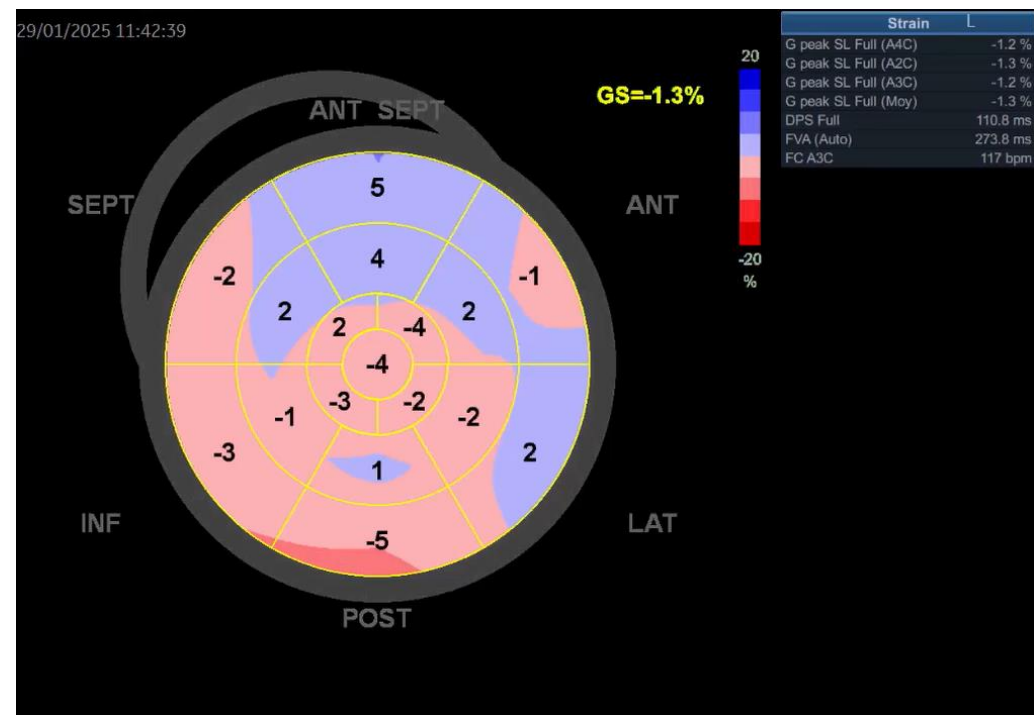
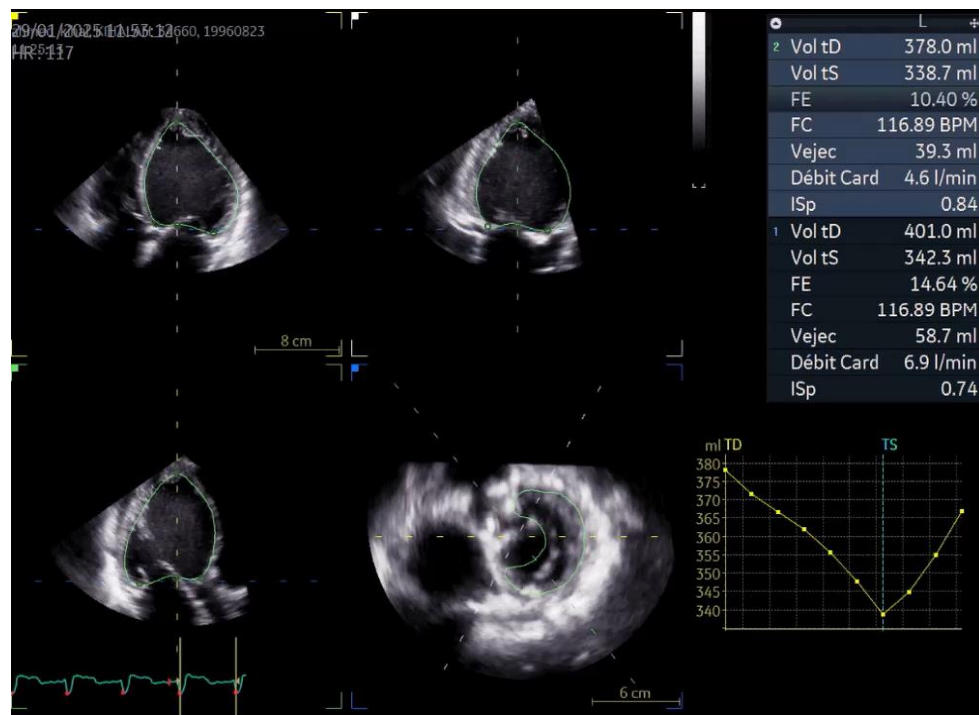




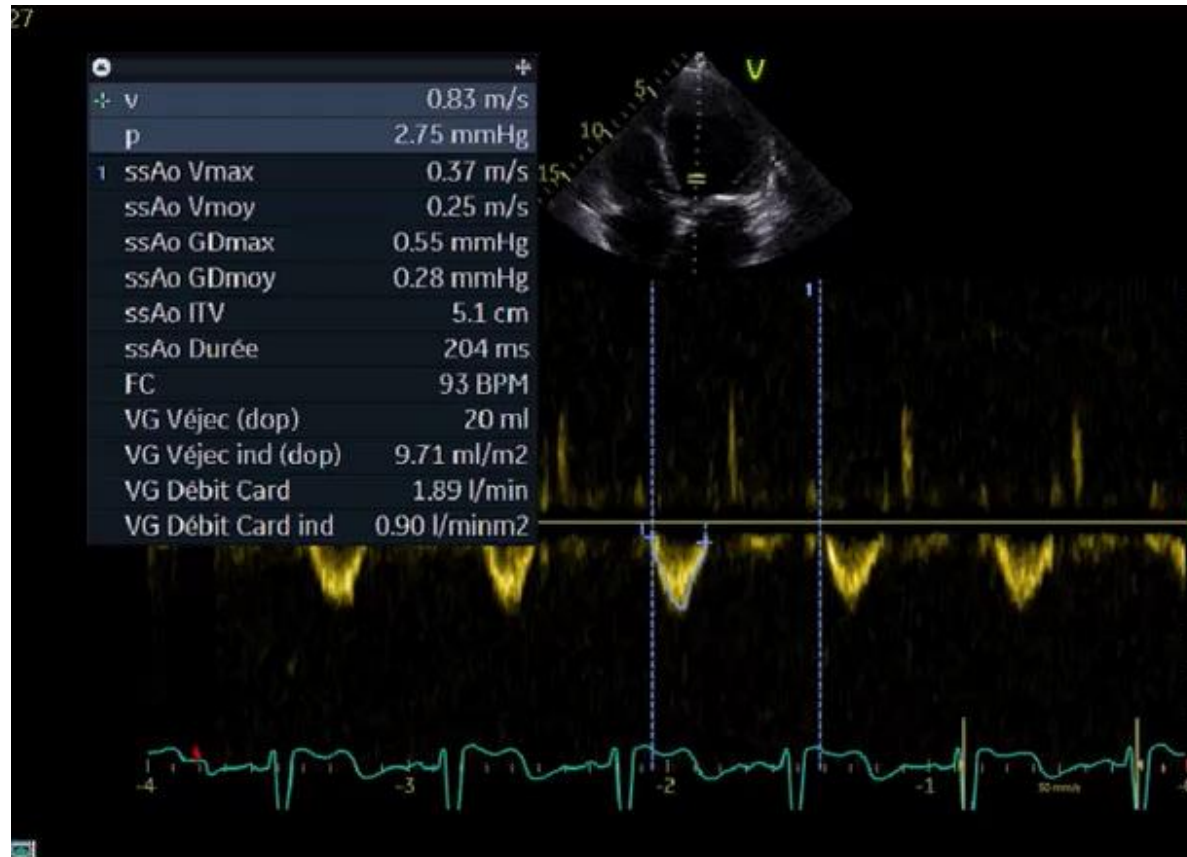
Reduction of thrombus under anticoagulant therapy



LV function

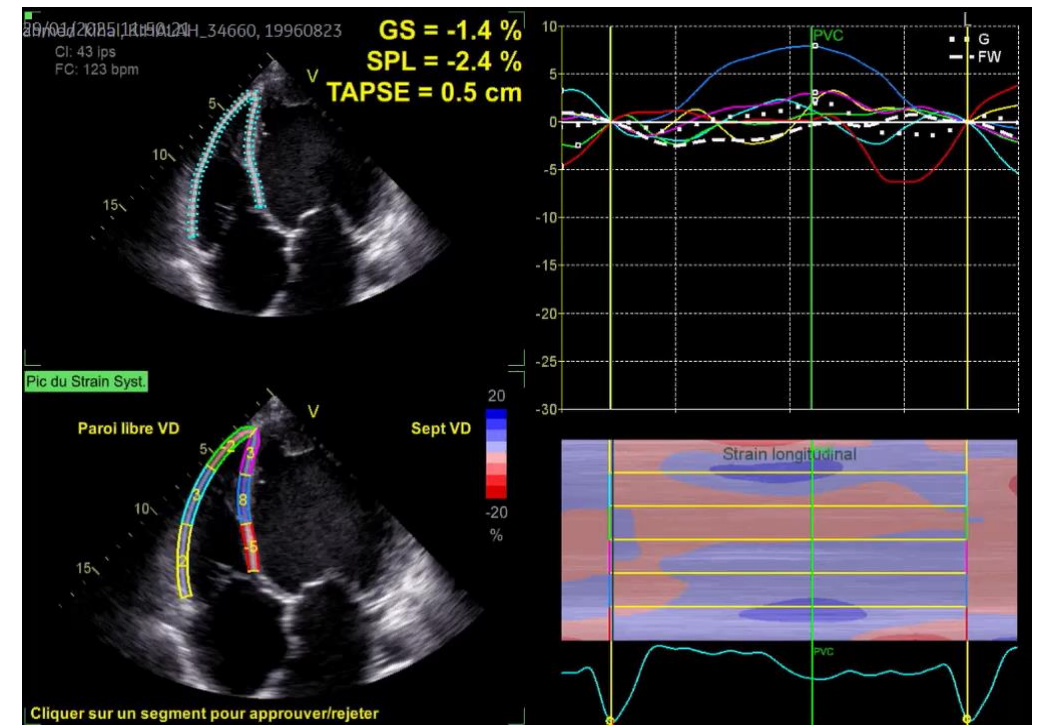
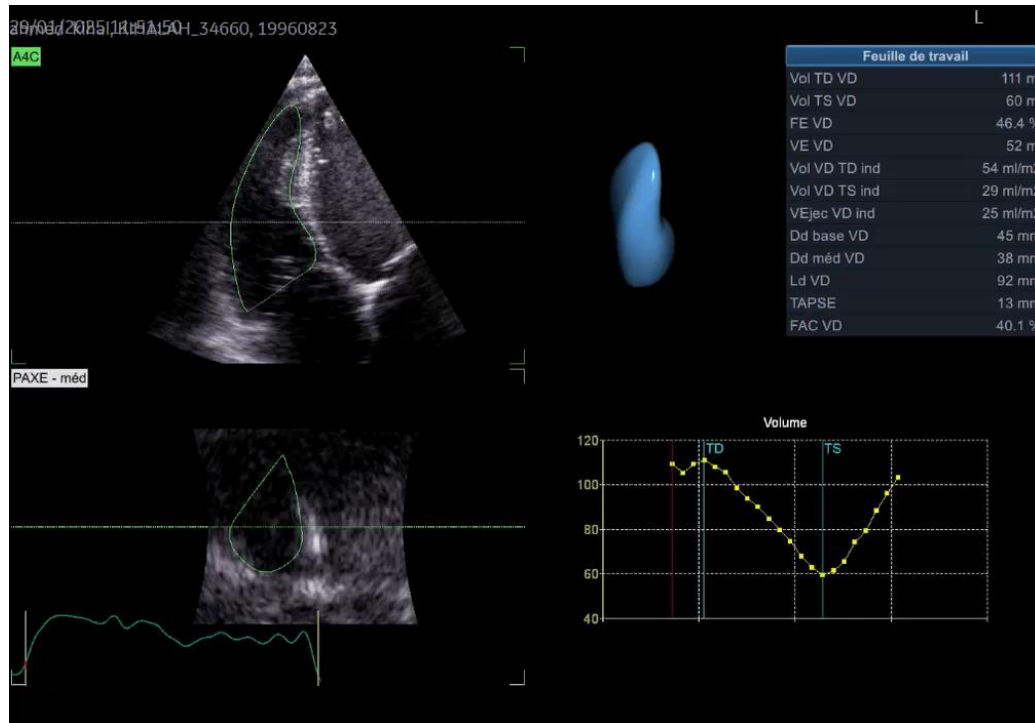


27

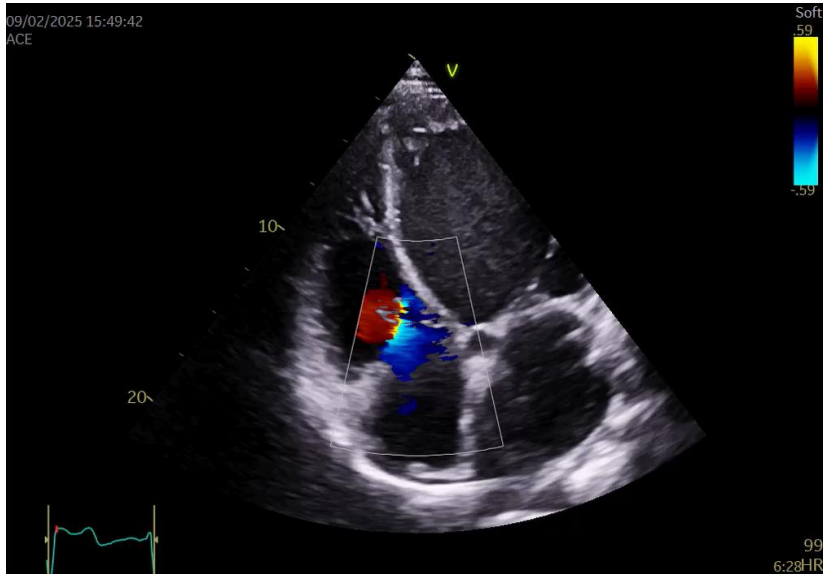


Cardiac Index : 0.9 l/mn/m2

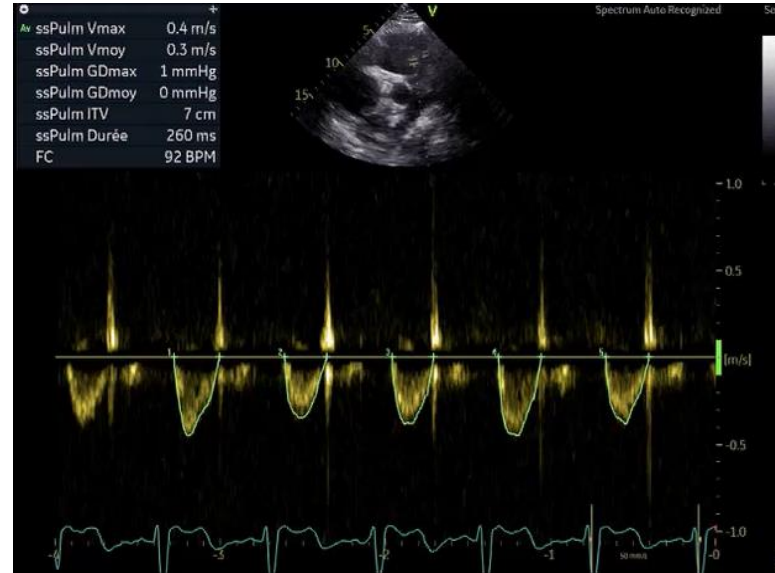
RV function



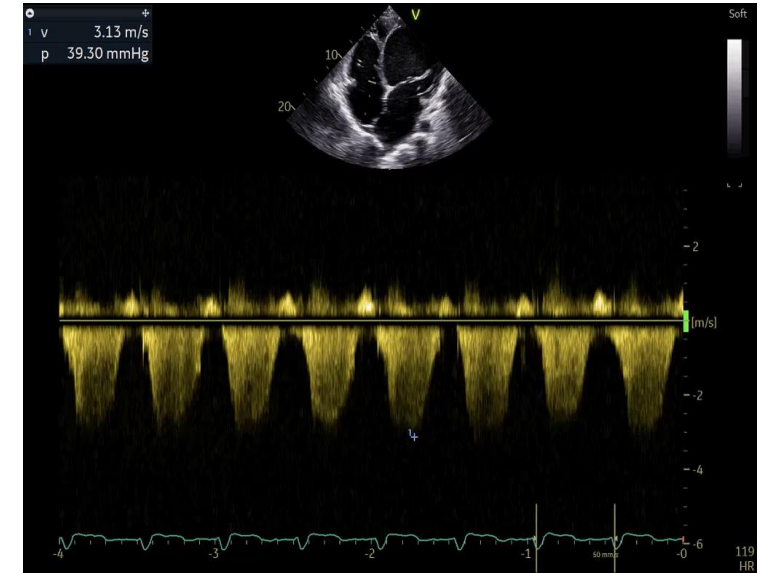
Pulmonary pressures



Mild TR



Pulm ITV: 6 cm



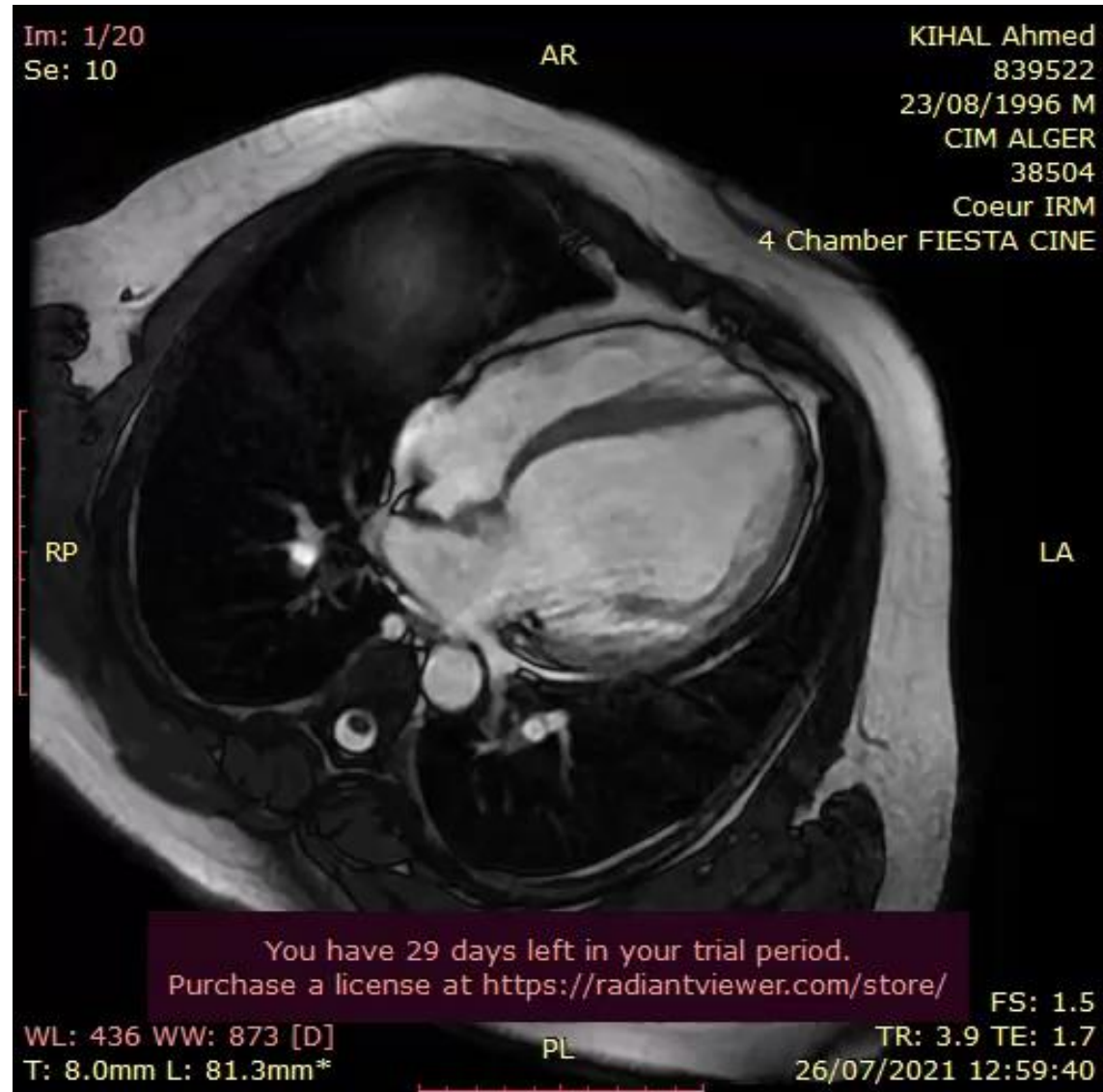
V max RT: 3.13 m/s

Pulmonary Resistance: 5,2 W

Echocardiography Findings

- Severe Left Ventricular Dysfunction: dilated cardiomyopathy with a severely reduced ejection fraction (EF) of 15 %
- Left Ventricular Dilatation: Dilated left ventricle with global hypokinesia
- LVEDD/LVESD: 90 mm/86 mm.
- Elevated Left Atrial Filling Pressures
- LV Thrombus
- Normal RV function (RVEF 40%).
- Moderate Probability of Pulmonary Hypertension (PH).

Cardiac MRI



Medication

- Bisoprolol 10mg /j
- Sacubutril/valsartan 49/51mg ½ cp 2x/
- Dapaglifozine 10mg
- Spironolactone 75mg 1/2cp
- Furosémide 40mg 4cp/j
- Kalligan 4xj
- Sintrom 4mg 1/2cp

IDENTIFY ANY OF THE FOLLOWING TRIGGERS FOR REFERRAL TO A HEART FAILURE SPECIALIST²

I IV inotropes

N NYHA IIIB/IV or persistently elevated natriuretic peptides

E End-organ dysfunction (Cr > 1.8 mg/dL or BUN > 43 mg/dL)

E EF ≤ 35%

D Defibrillator shocks

H Hospitalizations > 1 with heart failure

E Edema (or elevated PA pressure) despite escalating diuretics

L Low blood pressure, high heart rate

P Prognostic medication — progressive intolerance or down-titration GDMT

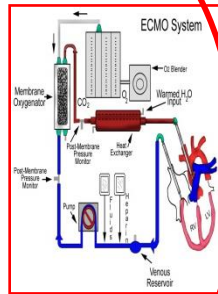
Patient summary

- H. N 28 years old
- **Heart Failure** due to dilated cardiomyopathy with severe LV dysfunction.
- NYHA Class IV
- Intermacs 4
- Lab testing:
 - normal renal function ,
 - **NTproBNP: 16816 pg/l**
- **TTE:**
 - LVEF 15 %
 - normal right ventricular function

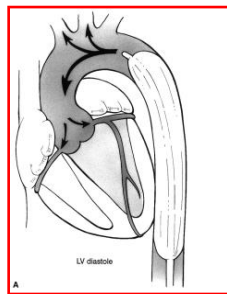
Que faire?

Assistance Circulatoire Temporaire:

Exemples de Technologies



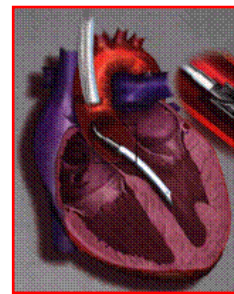
ECMO



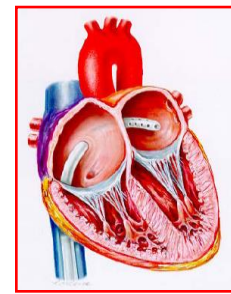
IABP



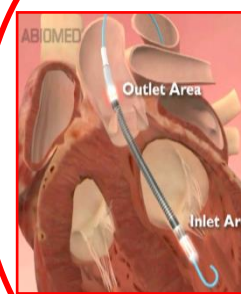
CPS



Hemopump



TandemHeart



Impella

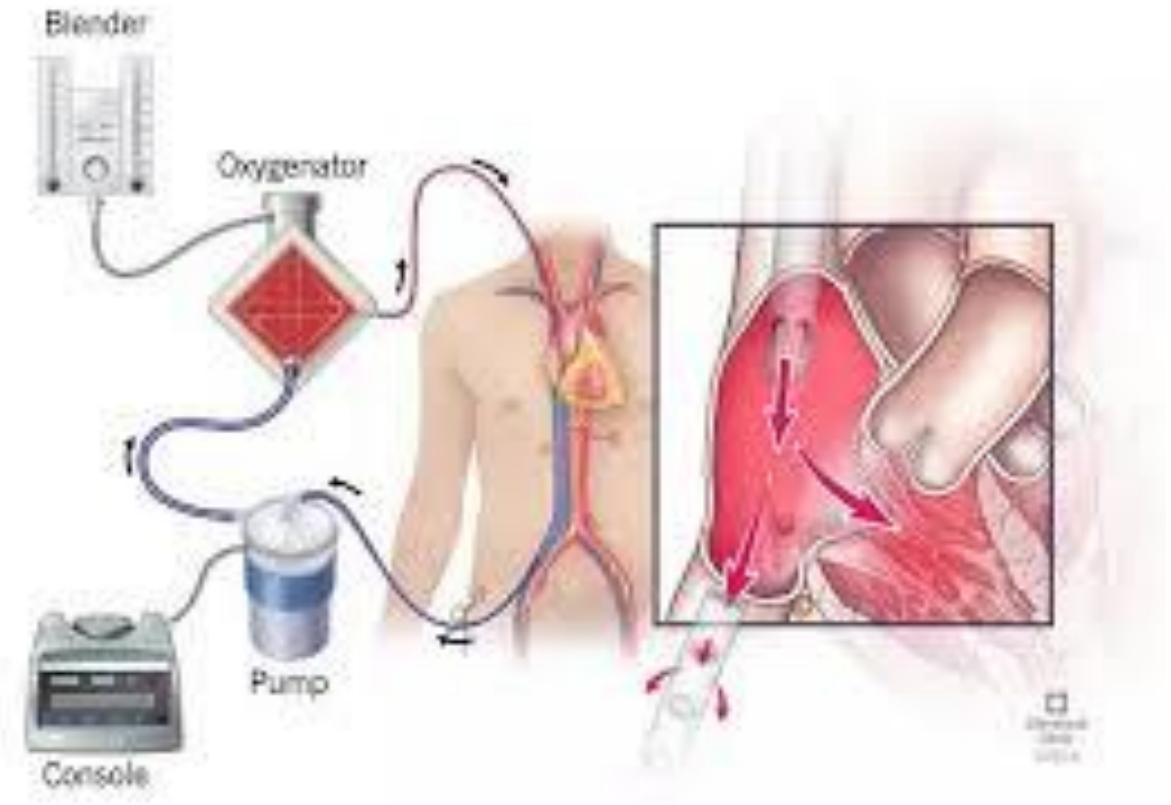


70's

80's

90's

00's



Advantages and disadvantages of VA and VV ECMO

ECMO type	Provides cardiac support	Difficulty of cannulation	Maintains pulmonary blood flow	PaO ₂ achieved	Safe for patients with cardiac compromise
VA	Yes	Higher, arterial and venous	No, bypasses pulmonary circulation	Higher	Yes
VV	No	Less difficult, venous only	Yes	Lower	No

VA, veno-arterial; VV, veno-venous; ECMO, extracorporeal membrane oxygenation.

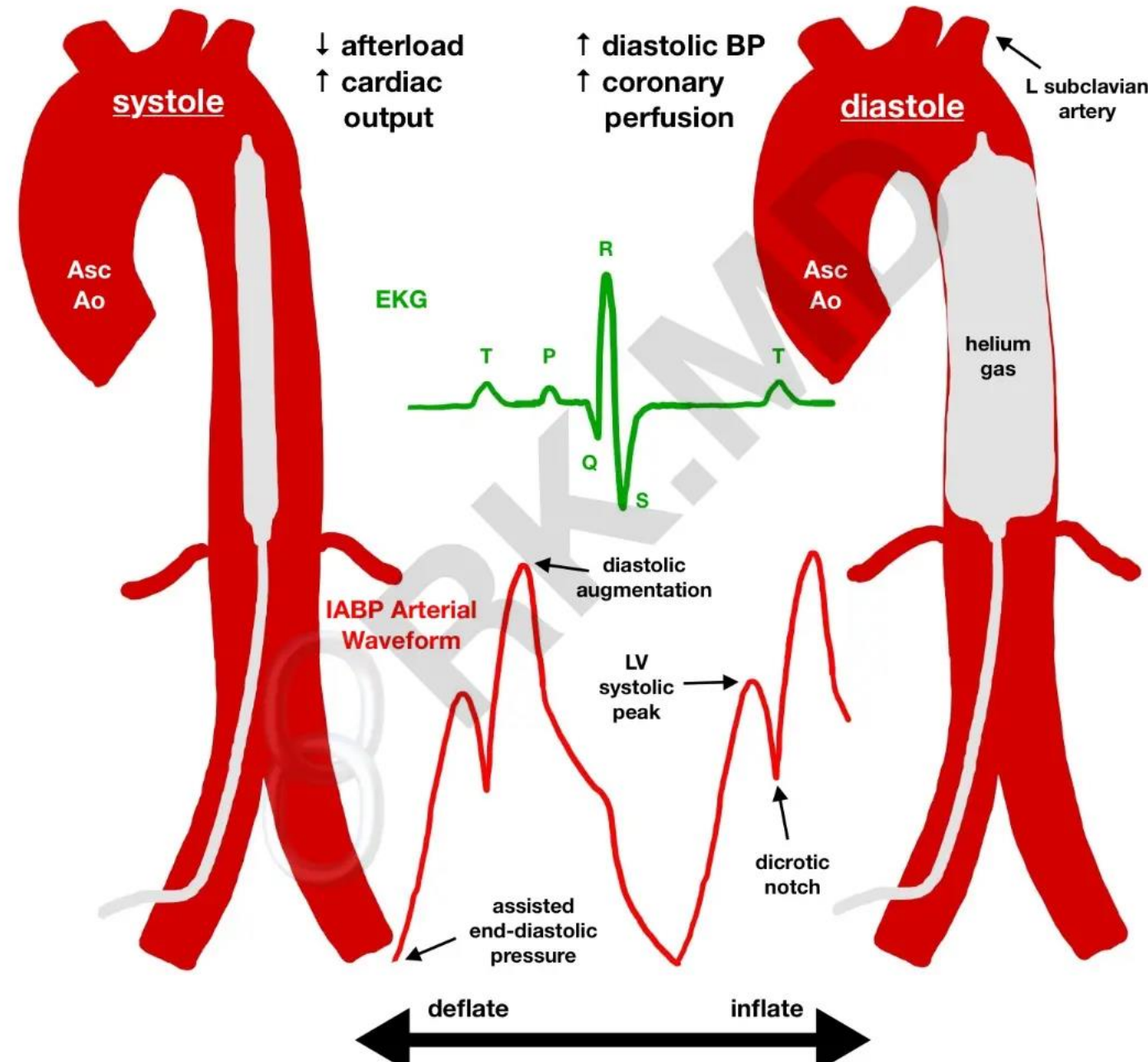
INTRA-AORTIC BALLOON PUMP (IABP)

Avantages:

- Facile à utiliser
- Augmente la perfusion coronaire
- Réduit modérément la post-charge
- Coût réduit

Inconvénients:

- Nécessite un rythme cardiaque régulier
- Pas d'effet sur la pré-charge
- Efficacité hémodynamique limitée
- Pas d'efficacité clinique démontrée dans les essais cliniques récents

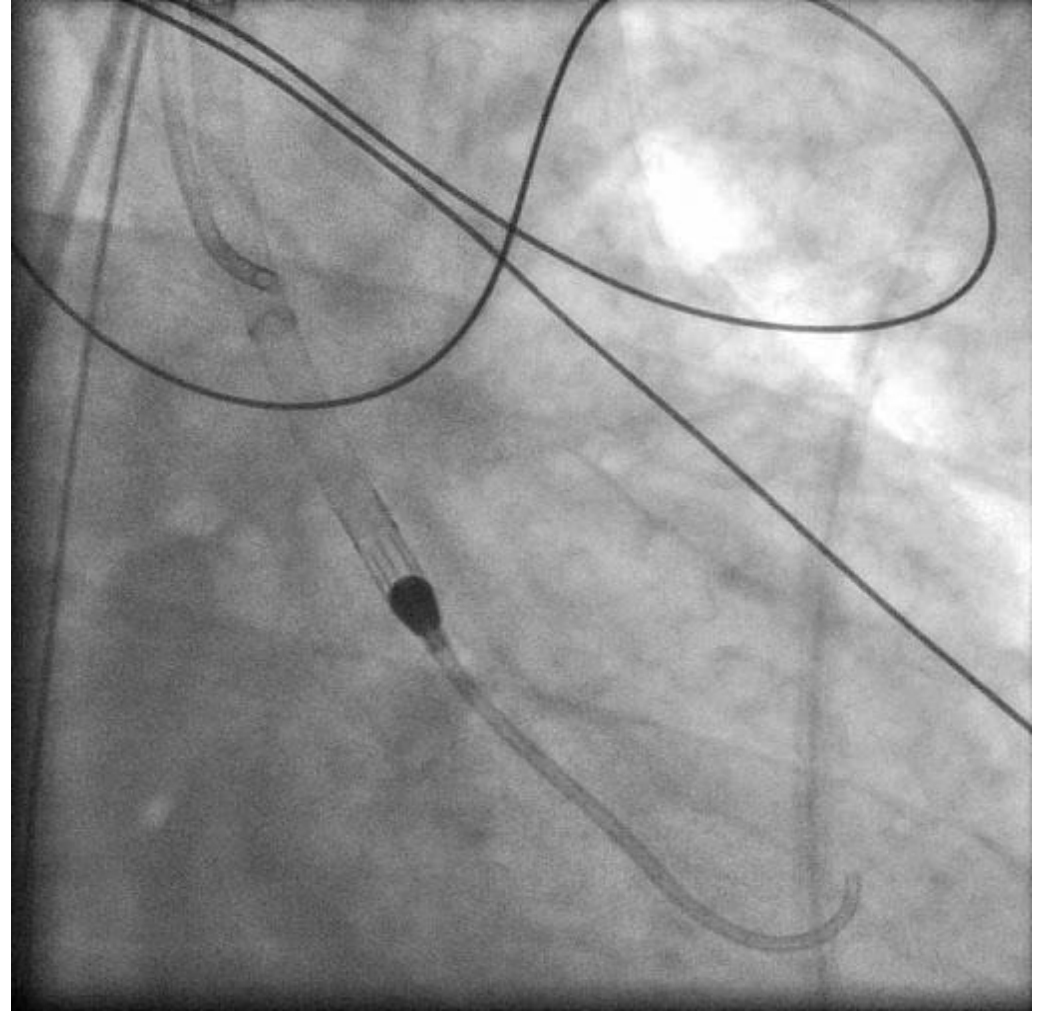
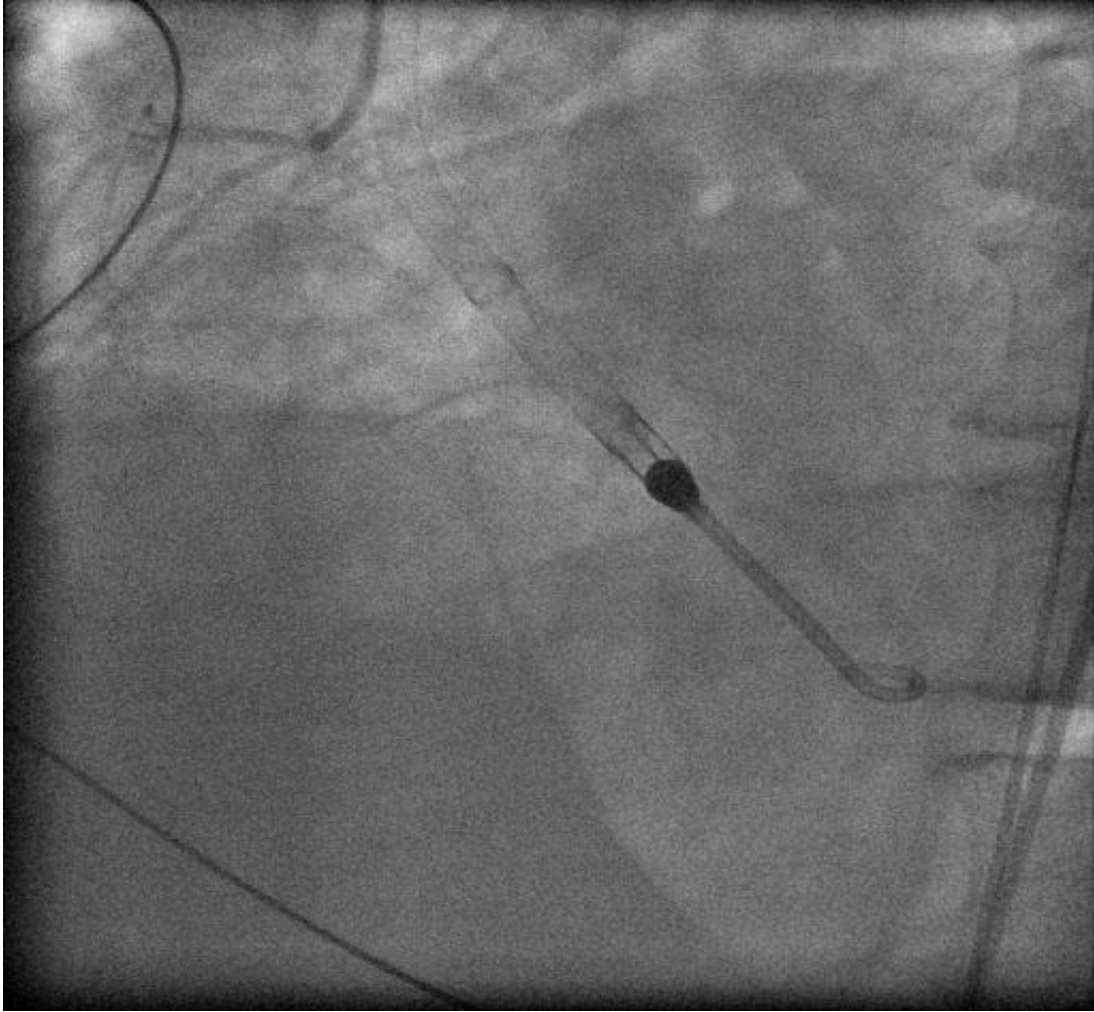


La Technologie Impella:

L'Assistance Ventriculaire Percutanée

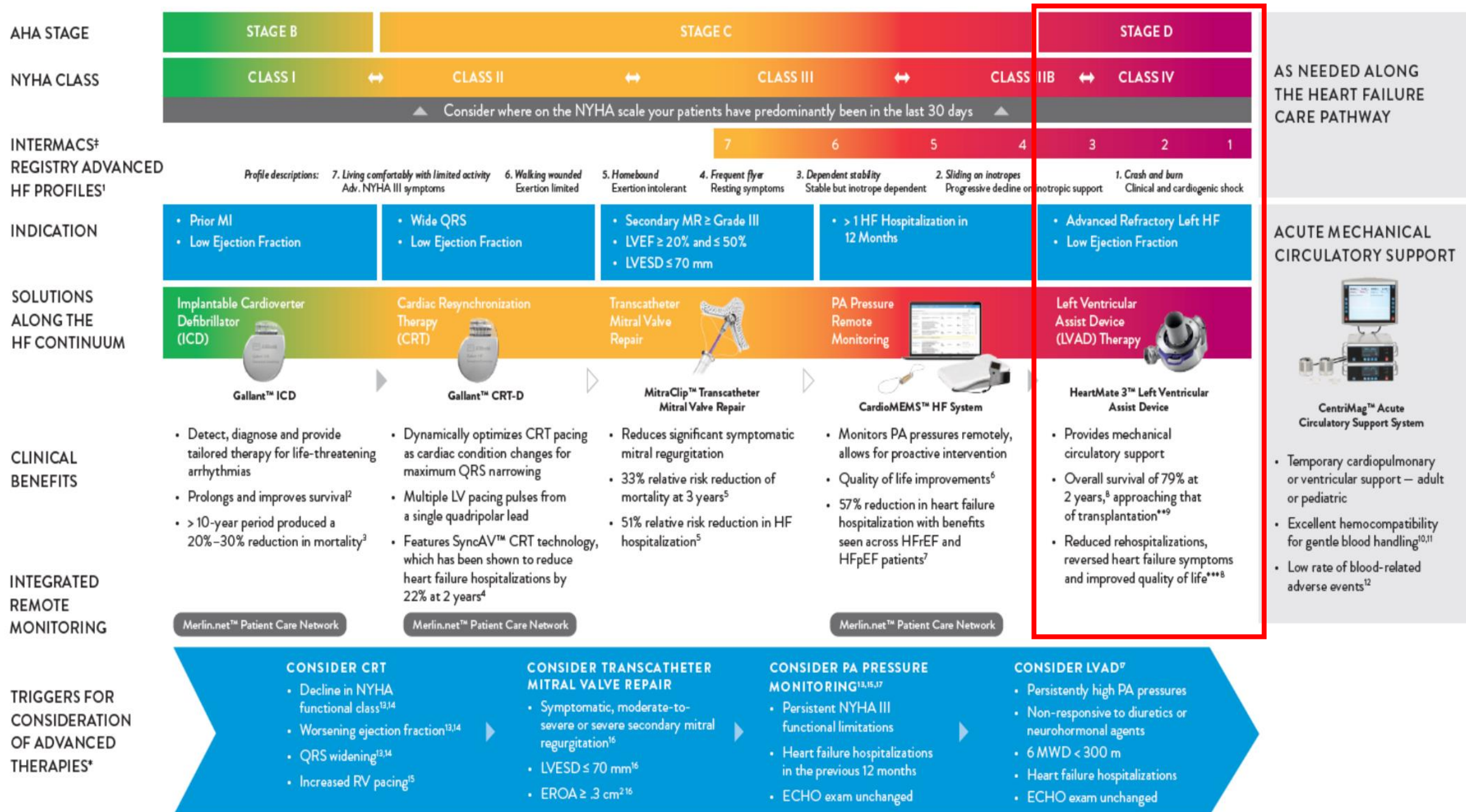


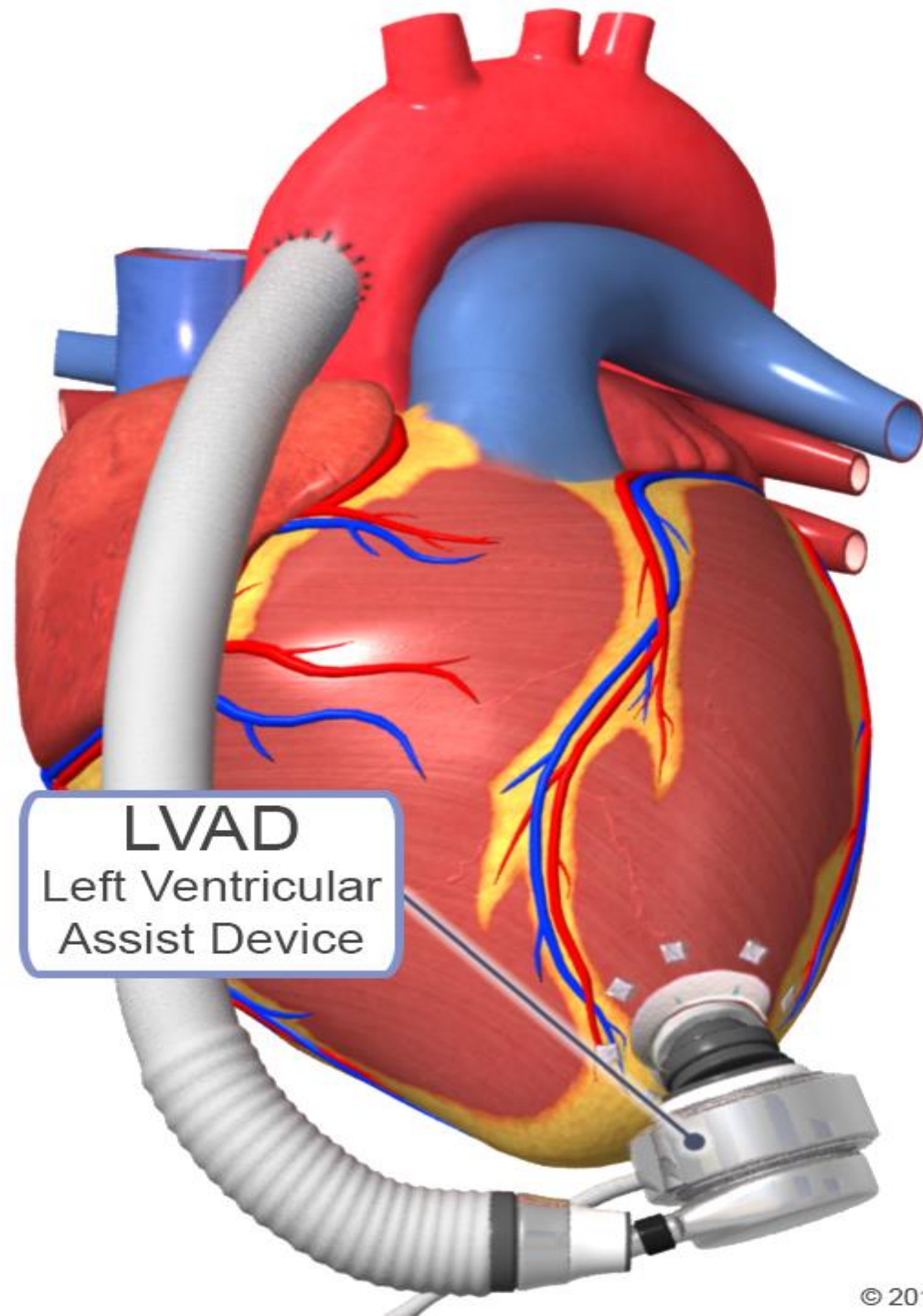
Impella CP



Courtesy: J.E. Møller MD, PhD, Odense University Hospital, Denmark

CLINICAL CONSIDERATIONS FOR ADVANCED HEART FAILURE SOLUTIONS*

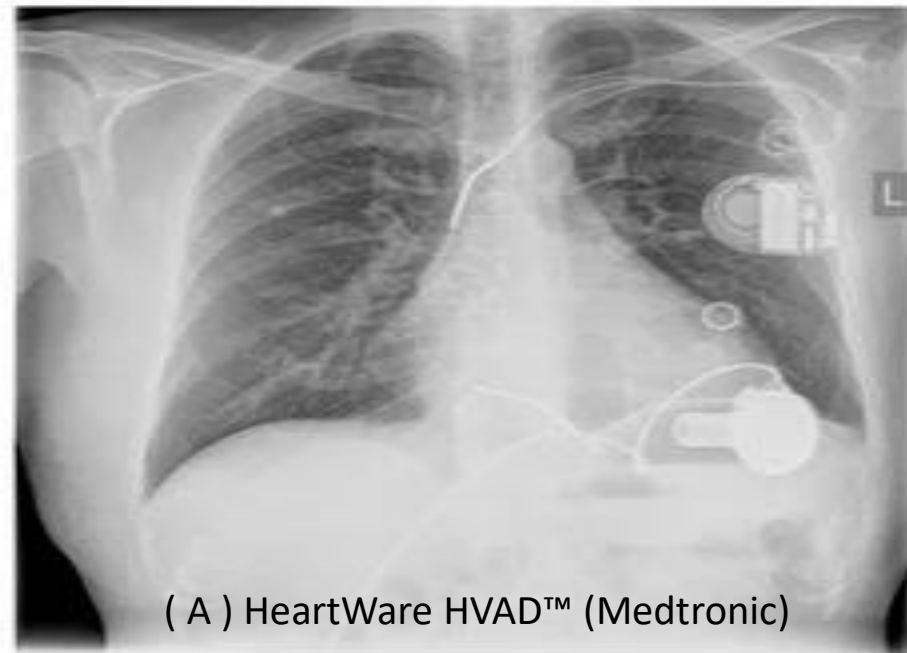




LVAD
Left Ventricular
Assist Device



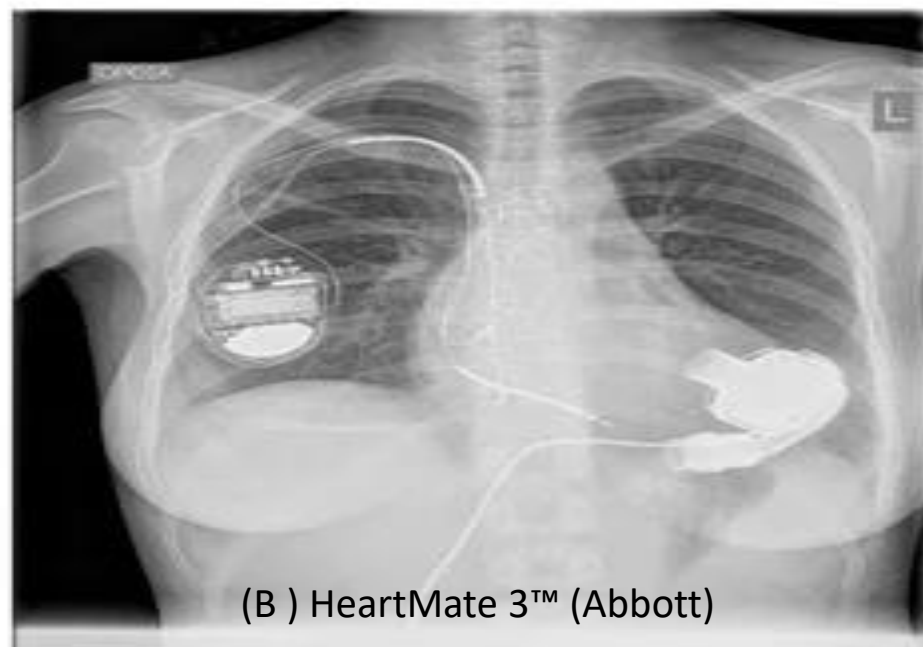
(A)



(A) HeartWare HVAD™ (Medtronic)

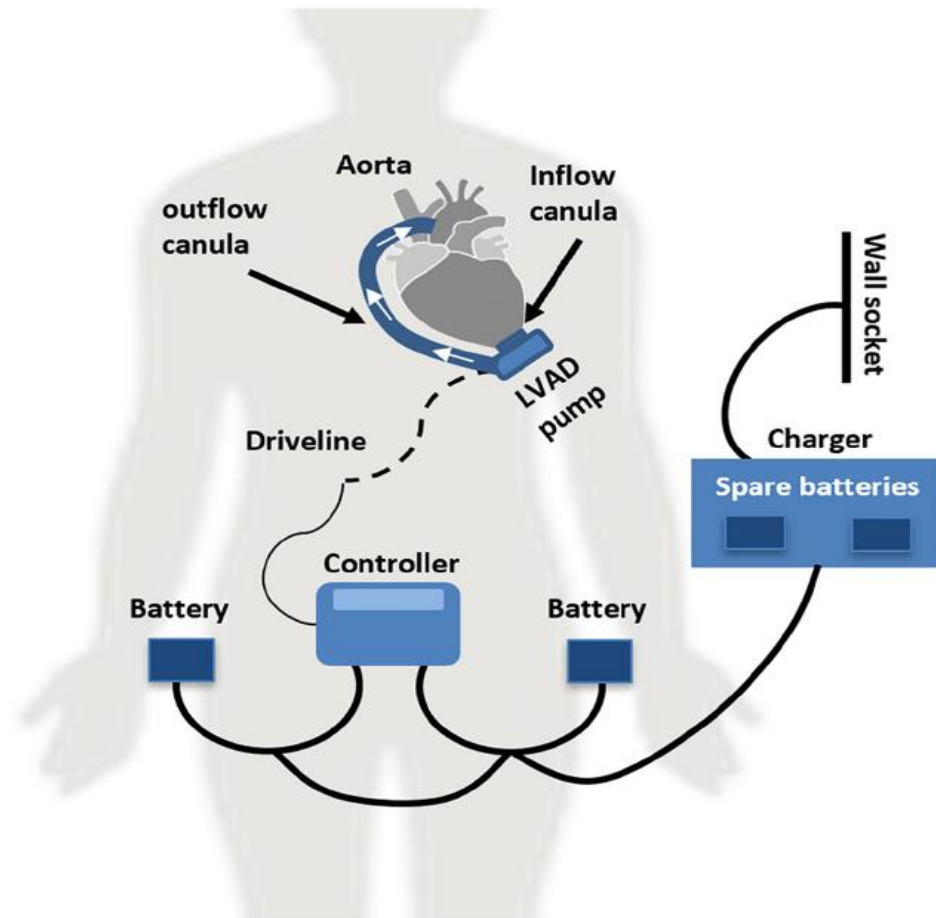


(B)



(B) HeartMate 3™ (Abbott)

HeartMate 3



La partie extracorporel du HeartMate 3

Illustration du dispositif d'assistance VG type HeartMate 3



AHA/ACC/HFSA

Implanting durable LVAD in
inotrope-dependent patients¹



Recommendation

AHA/ACC/HFSA

Implanting durable LVAD in **NYHA class IV**
patients who **remain symptomatic**
despite GDMT¹



Recommendation

ESC

Recommendation for the
treatment of patients with
advanced heart failure²



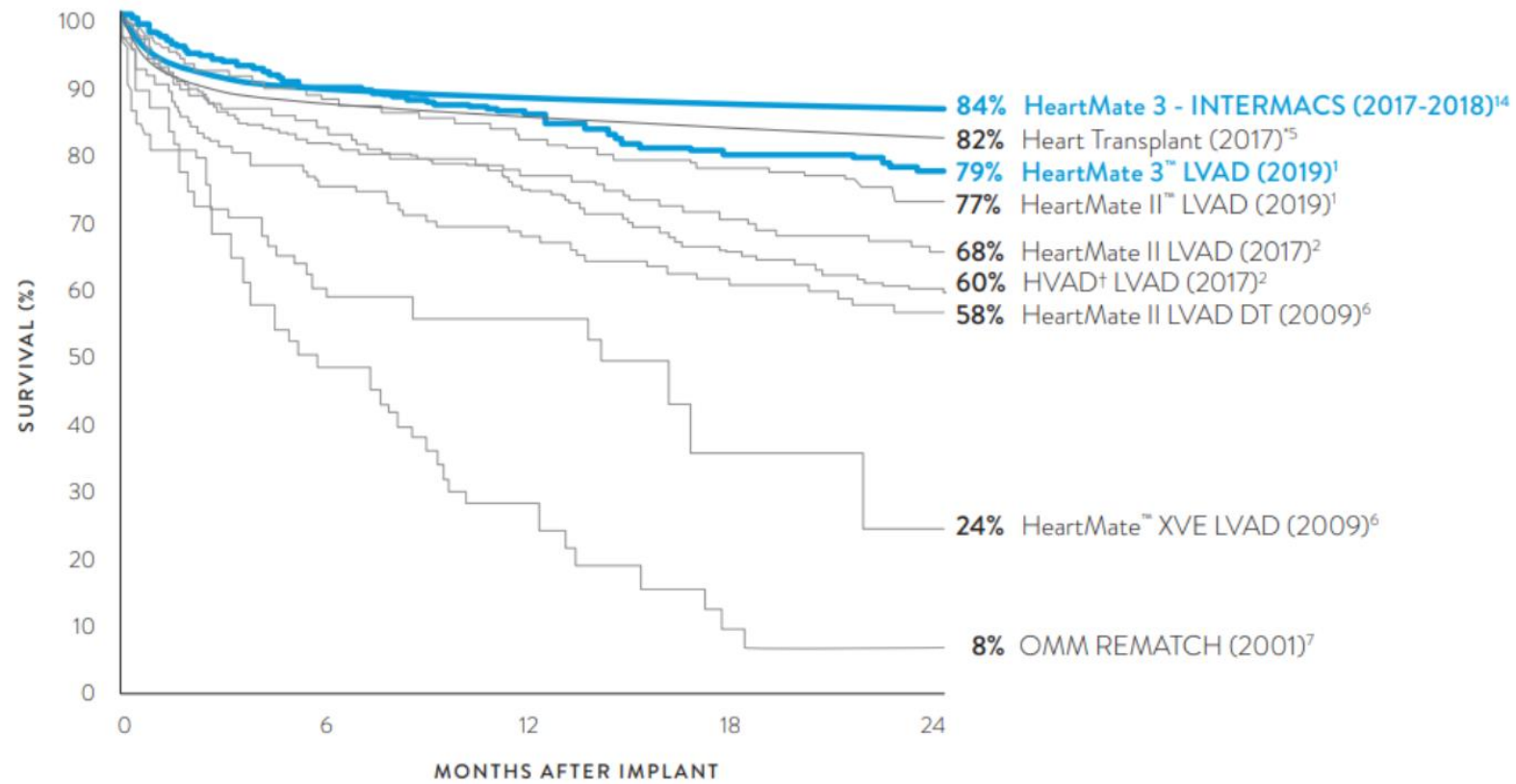
Recommendation

1. Heidenrich PA, et al. J Am Coll Cardiol. (2022); 79: e263-e421 2. McDonagh T, et al. European Heart Journal (2021) 42, 3599-3726

2. Theresa A. McDonagh, 2022, 2021 ESC Guidelines for the diagnosis and treatment acute and chronic heart failure, EJHF, 24, 4-131 V

Achieving excellence with landmark survival

Comparable to heart transplant survival at 2 years



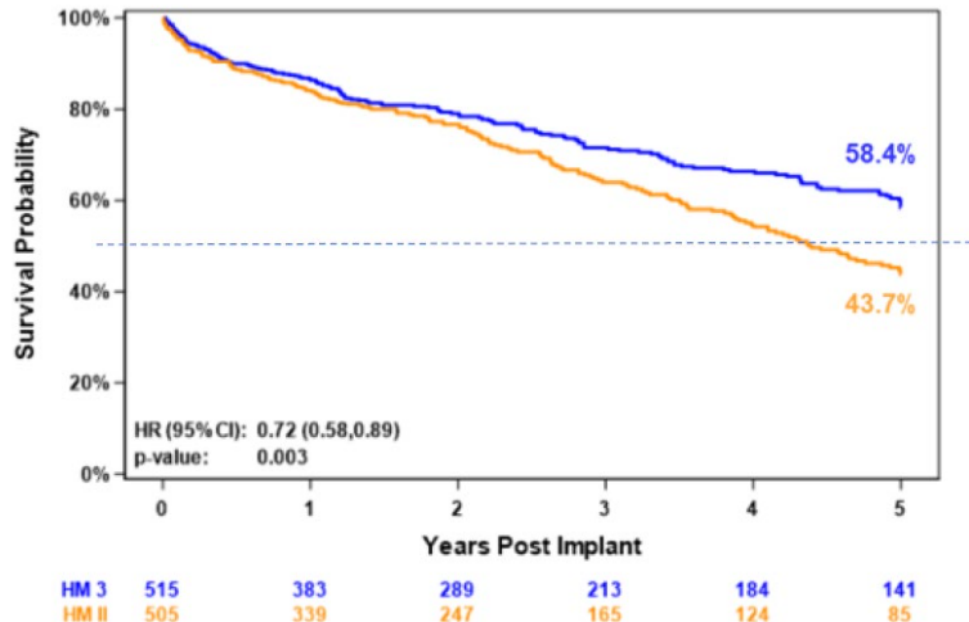
References: 1. Abbott HeartMate 3 patient brochure. <https://www.cardiovascular.abbott/content/dam/bss/divisionalsites/cv/hcp/products/heart-failure/lvad/heartmate-3/documents/us-heartmate-lvad-product-brochure.pdf>

Proprietary and confidential — do not distribute

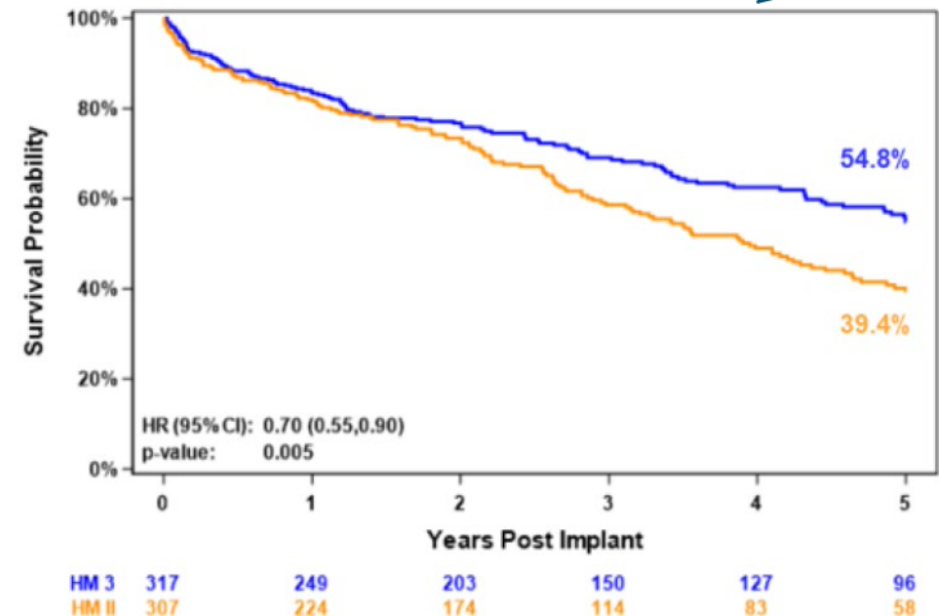
MOMENTUM-3 5-year results

- The first randomized LVAD study with strong 5-year clinical results comparing HM3 to HM2, especially given the high-risk status of the patients participating.
 - I.e. LVEF < 25%, inotrope dependent or non-responder to OMM / advanced HF > 14 days, 52% of patients were INTERMACS 3 & 32% were INTERMACS 1-2.
- Sustained significant long-term reductions in overall risk of stroke, pump thrombosis, bleeding for HM3 compared to HM2

A) All Patients



B) DT Patients



DT subgroup of pts who are transplant-ineligible after implant

Pour notre patient

- Intervention LVAD le 23 Avril 2024



Suites opératoires

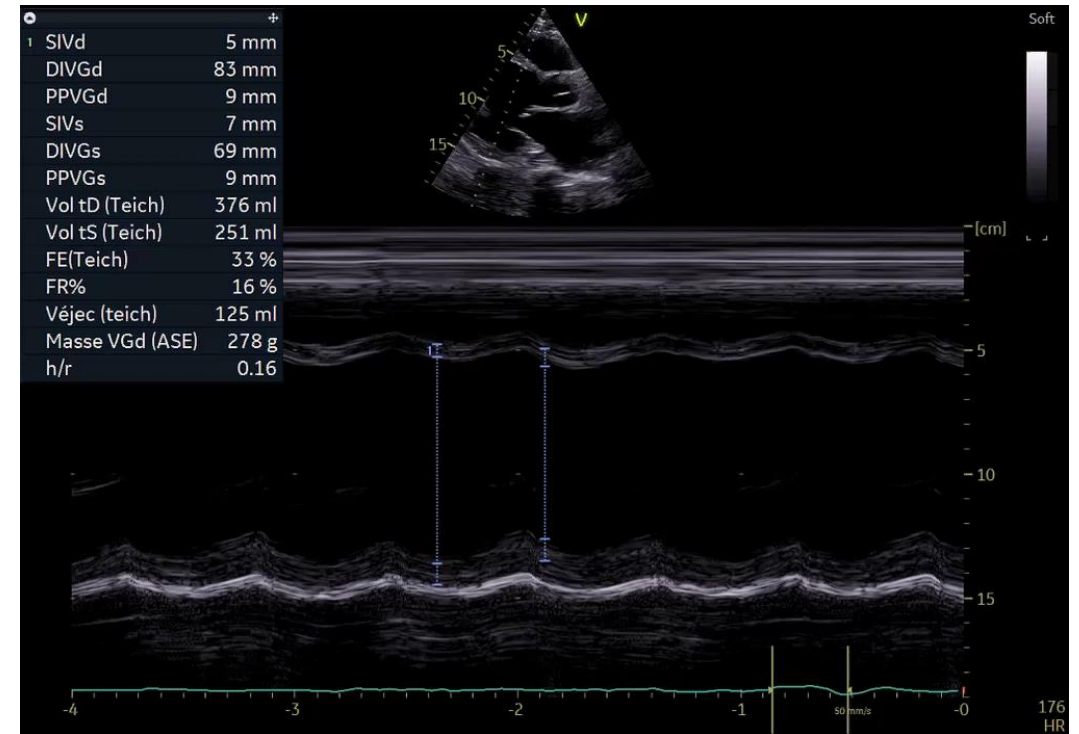
27/04

- Classe II NYHA
- Absence de signes d'insuffisance cardiaque
- Absence d'infection

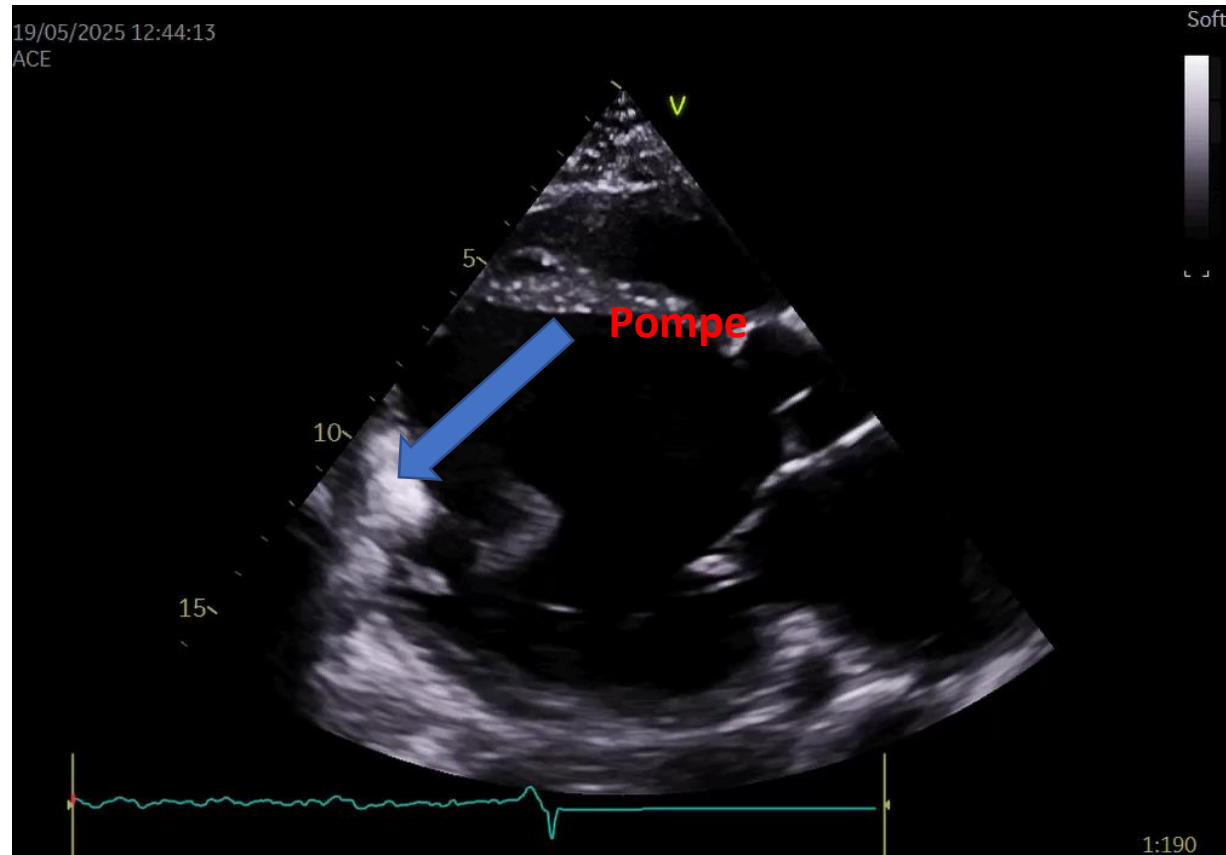


ETT post implantation

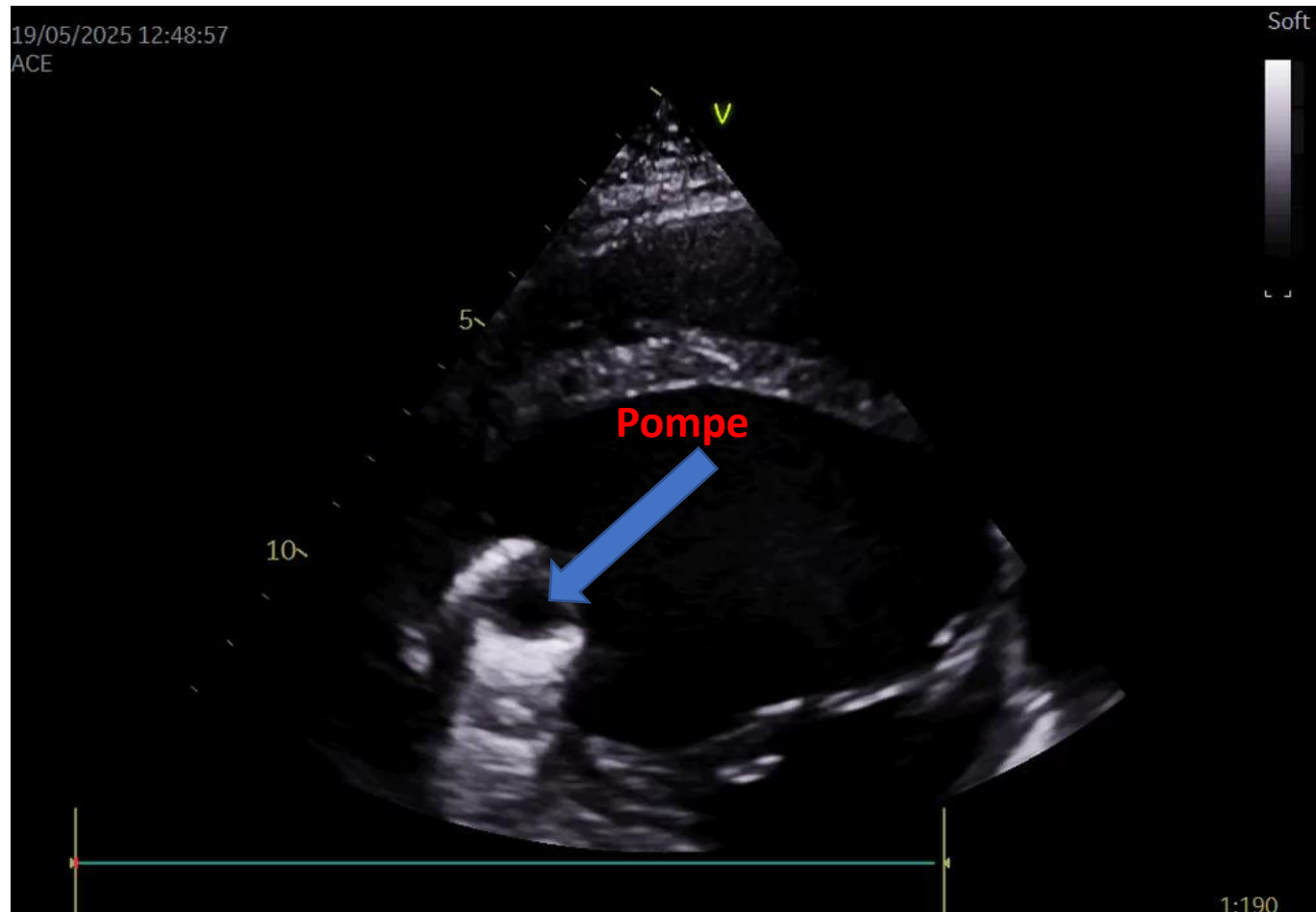
- Réduction taille VG
- DTD VG : 80 mm Vs 95 mm(preop)
- DTS VG m 69 mm Vs 80 mm (preop)



ETT post implantation

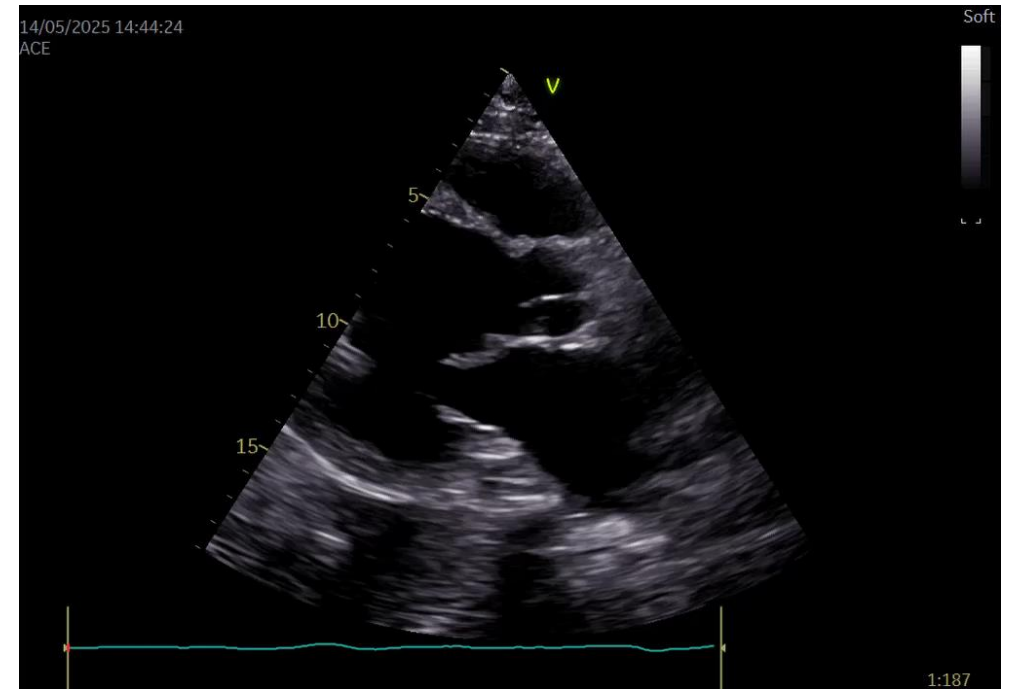
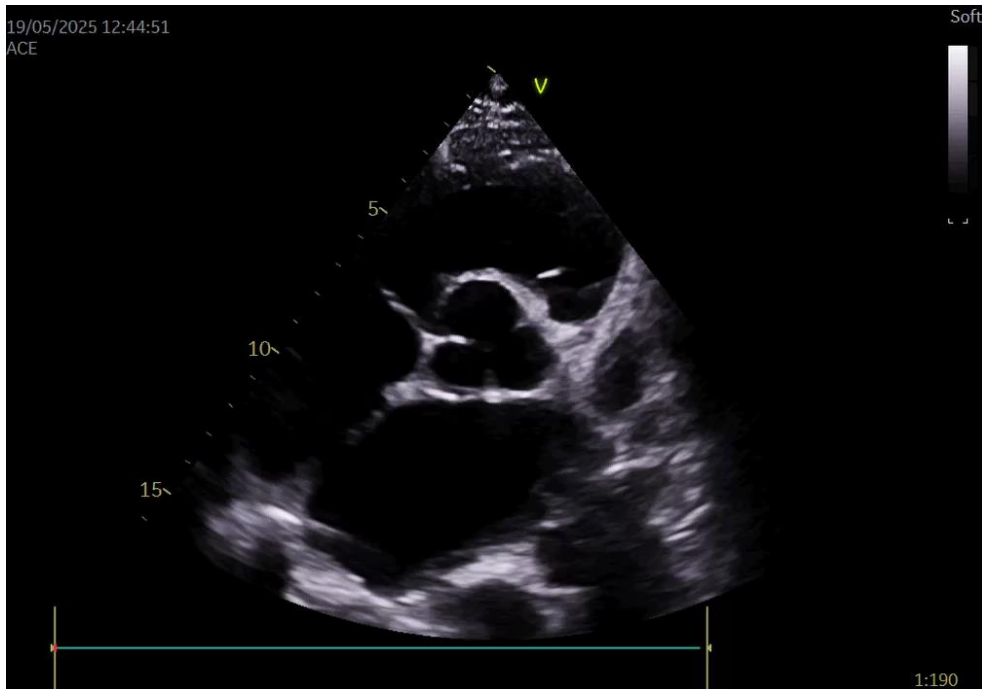


ETT post implantation

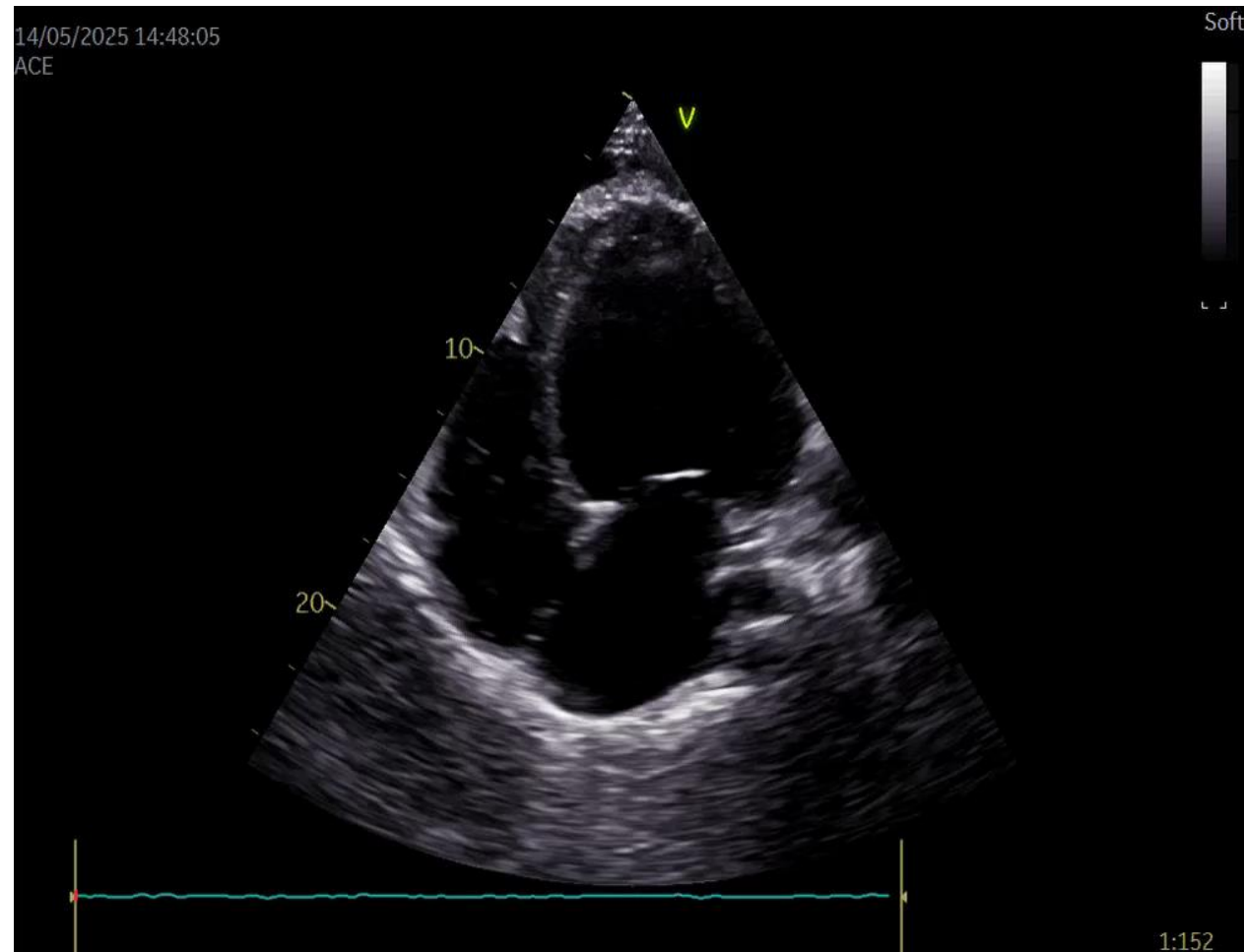


ETT post implantation

- Valve aortique fermée

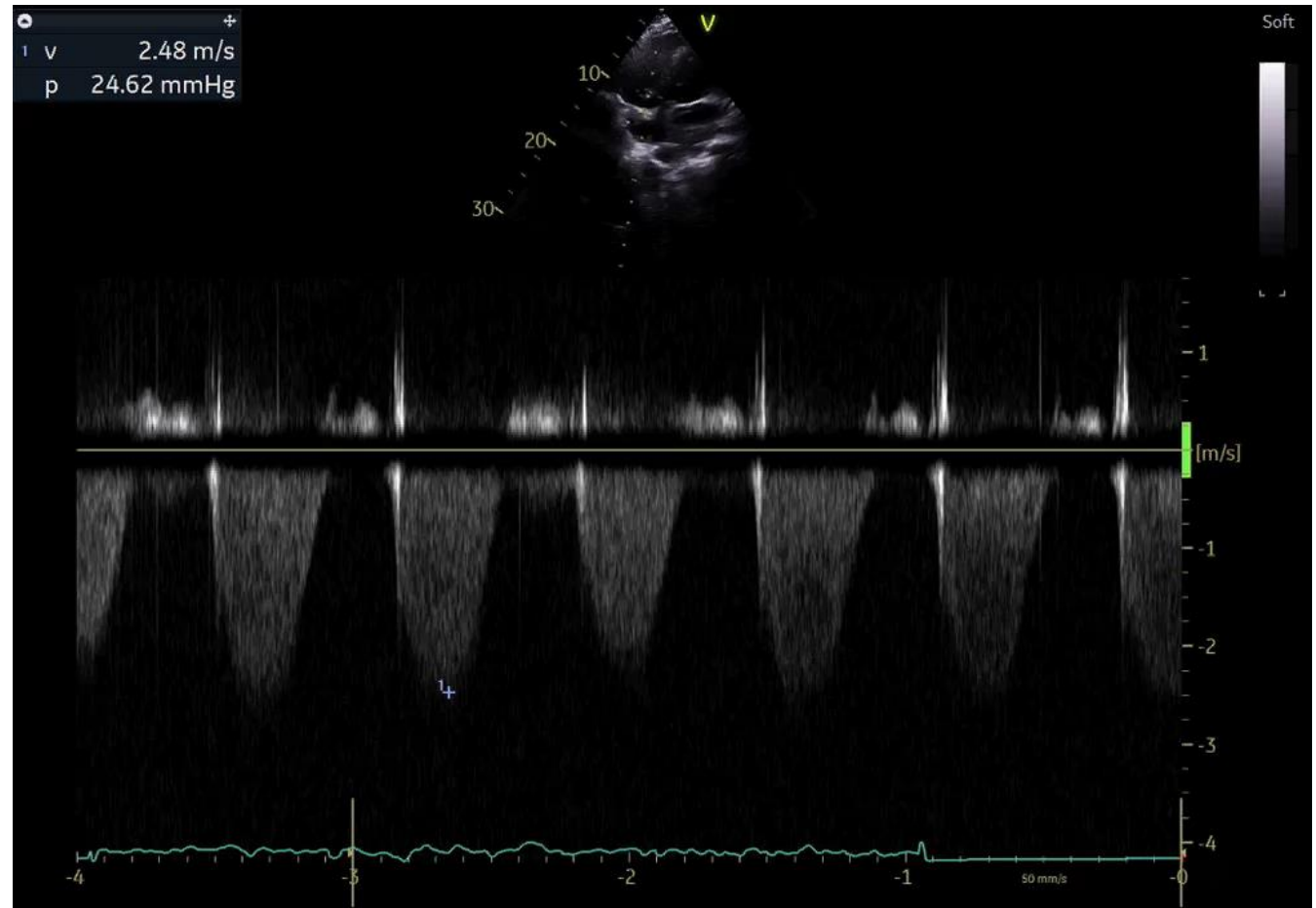


ETT post implantation



ETT post implantation

- PAPS normale



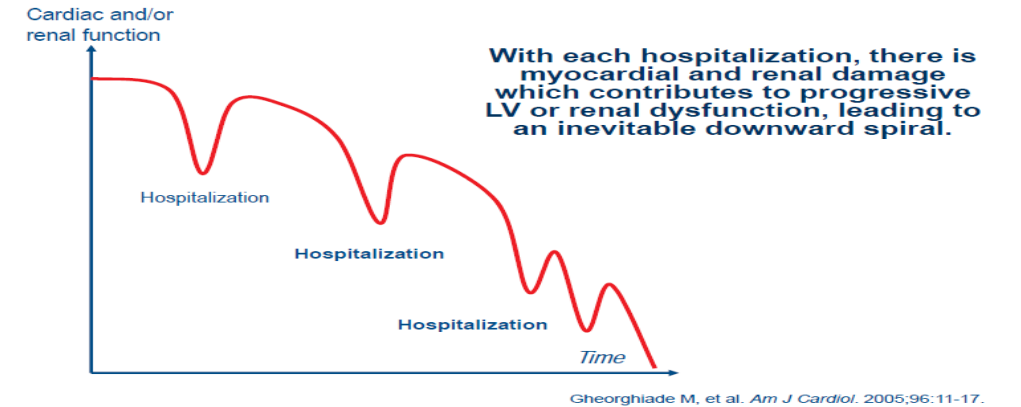
01 mois post implantation



Conclusion: l'IC en Algérie

Des chiffres alarmants

Des possibilités diagnostic et thérapeutique existent



Greffe Cardiaque



